



Can General-Purpose Models Outperform Specifically Tailored Models? Evidence from Life Insurance Underwriting: A Case of Medical Examination Sampling

Chin-Jung Yeh



Cathay Life Insurance

Content

Title	Subtitle	Page
About Cathay Life Insurance & Presenter	About Cathay Life Insurance	4
	About Presenter	5
Introduction & Research Motivation	Case Study: Medical Examination Sampling	7
	Research Objectives	8
Experiment Overview	Models Comparison	10
	Experiment Overview	11
	Models : Data & Training Comparison	12
	Model Training Structure	13
	Models: Model Output	14
	Models: Validation Dataset	15
	Risk Groups Definition	16
Experiment Results & Performance Evaluation	Application Validation Metrics	18
	Performance Comparison - Relative Ratios in hospitalization days	19
	Performance Comparison - Health Abnormality Rate	20
	Performance Comparison - Claim Ratio	21
	Comparative Analysis of Model Predictions and Generalization Ability	22
Conclusions	Conclusions	24
	Business Implications	25

About Cathay Life Insurance & Speaker

About Cathay Life Insurance

Company Snapshot

- Largest insurance company in Taiwan
- Offers individual life, health, unit-linked, and group insurance products

Number of Customers

8 million

Num. of In-force Policies

20 million

Total Assets (US\$)

280 billion

Number of Tied Agents

24,000

Awards & Recognition

IIC ASIA 2025



2025
&
2024

Insur-Innovator Connect Awards 2025

Digital Transformation Trailblazer Award

ITC Asia Insurer Awards

(2025) Digital Transformation Trailblazer Award
(2024) Data and Analytics Master Award



2024
&
2023

Celent Model Insurer Awards

Data, Analytics and AI



AIIA 2022

Digital Insurer of the Year

About the Speakers



Chin-Jung Yeh

Data Analyst,
Data and AI Development Department



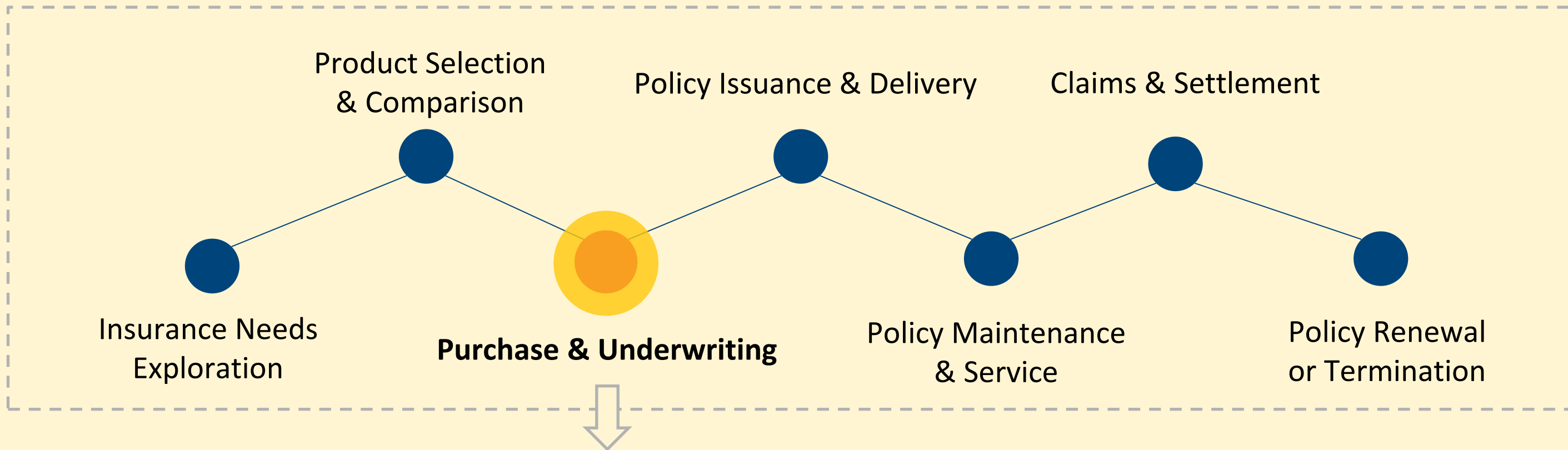
Chia-An Wang

Senior Business Analyst,
Data and AI Development Department

Introduction & Research Motivation

Case Study: Medical Examination Sampling

Insurance Journey



Medical Examination Sampling in Insurance

WHAT

Medical examination sampling is an essential risk control measure used by insurance companies to verify that policyholders' health status aligns with the provided insurance information.

WHY

This approach deters the concealment of medical history or health conditions by policyholders, thereby reducing potential claim risks and moral hazards, while improving actuarial and underwriting accuracy.

HOW

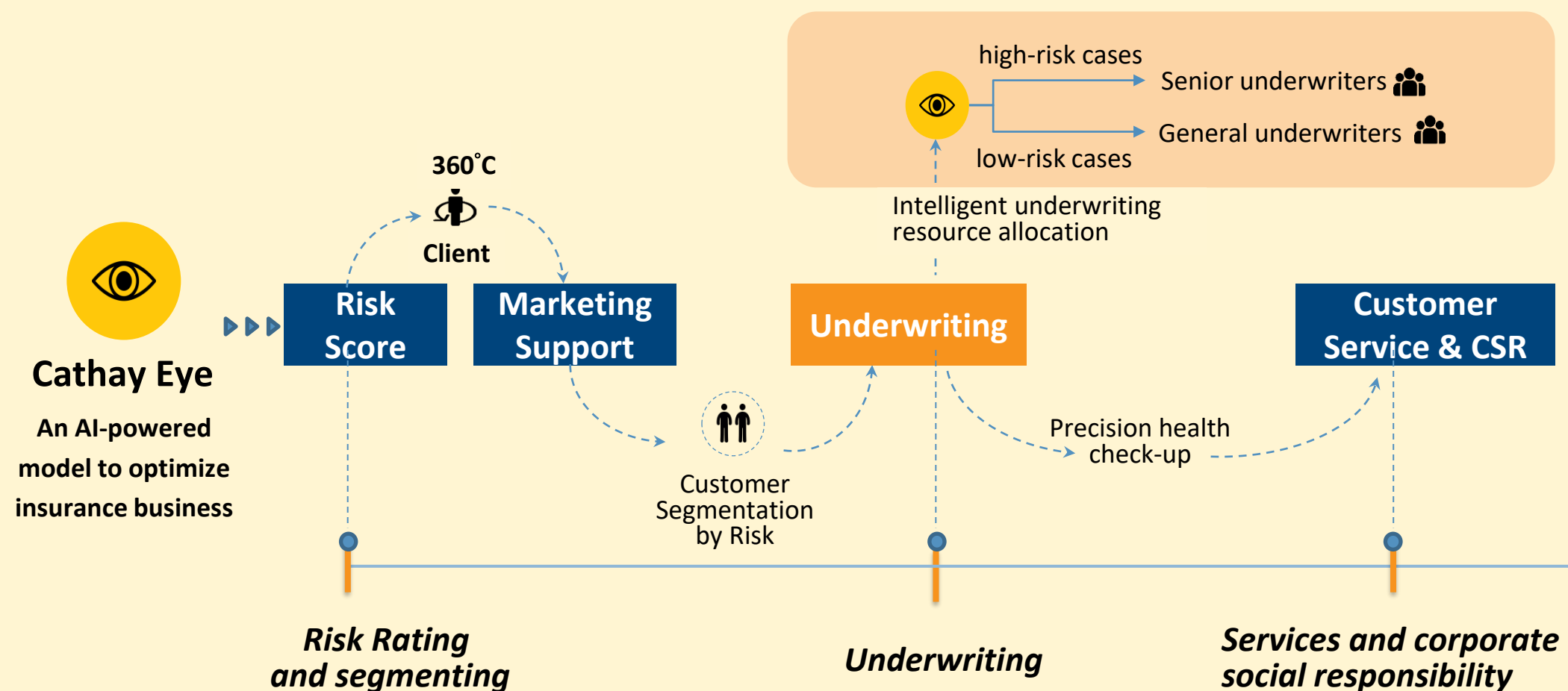
Insurance companies randomly select a certain percentage of policyholders for health examinations based on criteria such as age, insured amount, and health status.

Research Objectives

Our company has developed a predictive model (Cathay Eye) aimed at optimizing the entire insurance process.

【Applications】

- Risk assessment within the underwriting process
- Screening for high-risk medical examination sampling
- Allocation decisions for underwriting cases



Research Motivation

In practical modeling, we often start from specific business needs. Choosing whether to use the policy or the policyholder as the prediction unit directly impacts the model's ability to accurately reflect the insured's health risk—and ultimately determines how well it can support risk management and underwriting decisions.



Research Purpose

To explore and validate whether the specialized model delivers superior predictive performance in Medical examination sampling, supported by empirical data to address these concerns.

Can General-Purpose Models Outperform Specifically Tailored Models?

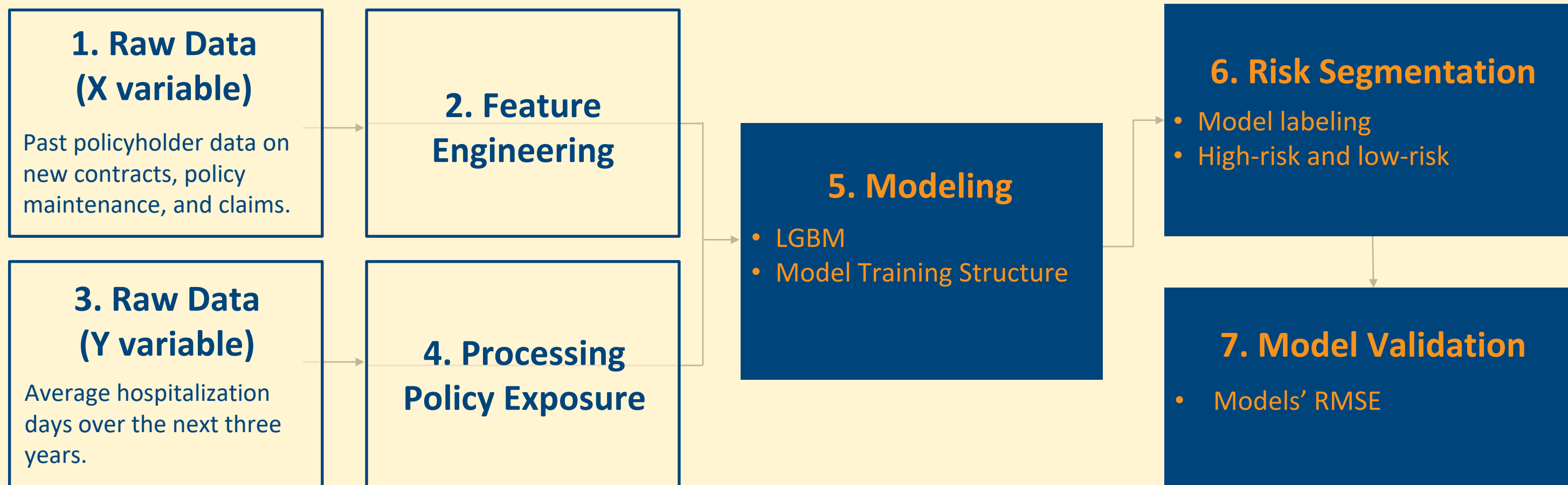
Experiment Overview

Models Comparison

	Specifically tailored models (STM) 	General-purpose model (GPM) 
Key Characteristics	Focus on the attributes and risk characteristics of the contract itself.	Focus on the attributes and risk characteristics of the customer .
Description	Contracts exhibit relatively high volatility. Based on this characteristic, a Rolling Window Training model is designed to ensure that the model continuously reflects the latest changes in data distribution.	Customers generally exhibit relatively low volatility. The model features include historical customer data and behavioral patterns, allowing the model to maintain robust performance and stability without requiring annual retraining.
Feature Selection	Features are selected from the contract perspective.	Features are selected from a customer perspective.
Feature Explanation	Based on the contract, using contract-related risk factors.	Based on the customer, the model utilizes customer-related risk factors to provide a comprehensive view of the overall risk profile.
Application Scope	Single contract risk assessment, applicable to underwriting claims and similar areas.	Broad customer risk segmentation, applicable in underwriting, claims, marketing, and related scenarios.

Experiment Overview

Model Training Framework



Real-World Evaluation



Models : Data & Training Comparison

Specifically tailored models (STM)



	2015	2016	2017
N	≈ 113K	≈ 113K	≈ 95K
X (Features)	142		
Y (Target (days))	Male: 1.74 Female: 1.57	Male: 1.71 Female: 1.54	Male: 1.68 Female: 1.65
RMSE	Male: 2.50 Female: 2.39	Male: 2.50 Female: 2.35	Male: 2.50 Female: 2.47

From 2015 to 2017, each year collects around one hundred thousand **insurance contracts**.

Average hospitalization days **per policy** projected over the next three years.

General-purpose model (GPM)



	2015/01/01
N	≈ 4.35M
X (Features)	349
Y (Target (days))	Male: 2.48 Female: 2.10
RMSE	Male: 2.80 Female: 2.63

Data from 4 million **policyholders** as of 2015/01/01.

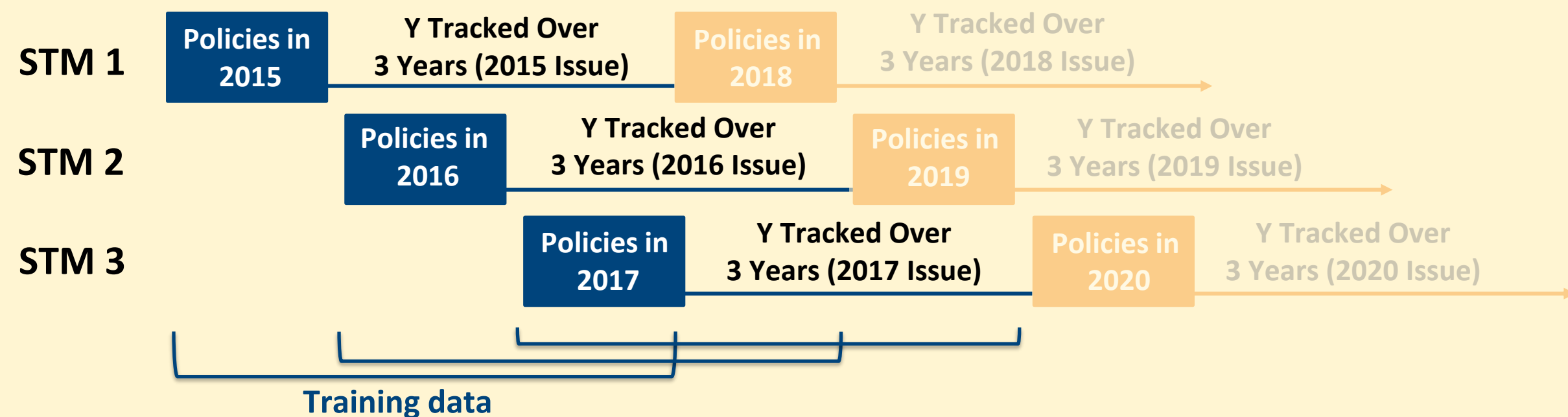
Predicted average hospitalization days **per customer** over the next three years.

Model Training Structure

2015 2016 2017 2018 2019 2020 2021 2022 Present

Specifically tailored models (STM)

Train the model using the contracts from the entire year of 2015 along with the observable average number of hospitalization days over the next three years for each contract.



A **Rolling Window training strategy** is used in STM, where the model is trained using a moving time window that updates annually.

In this study, we validate the model using three consecutive years of data, **resulting in three STM models: STM 1, STM 2, and STM 3.**

General-purpose model (GPM)

Train the model using the contracts from the entire year of 2015 along with the observable average number of hospitalization days over the next three years for each contract.



Training
Forecasting

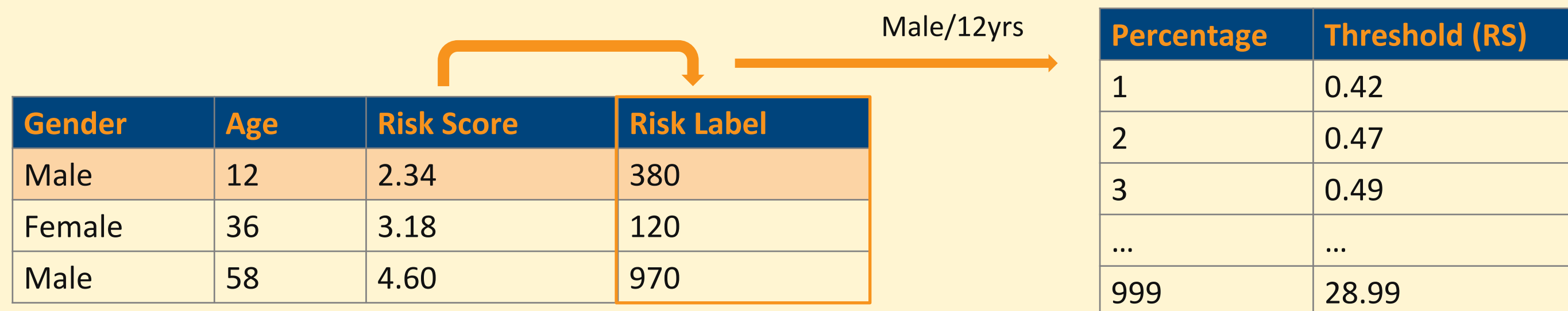
Experiment Results & Performance Evaluation

Models: Model Output

Model Output

Risk Label

1. Predicts the average hospitalization days over the next three years for each contract or customer.
2. Groups the data based on gender and age.
3. Sorts the predicted values within each group and divides them into 1000 segments.
4. Converts the predictions into risk labels using threshold values from each segment.
5. Risk labels range from 1 to 1000, with higher values indicating greater risk.

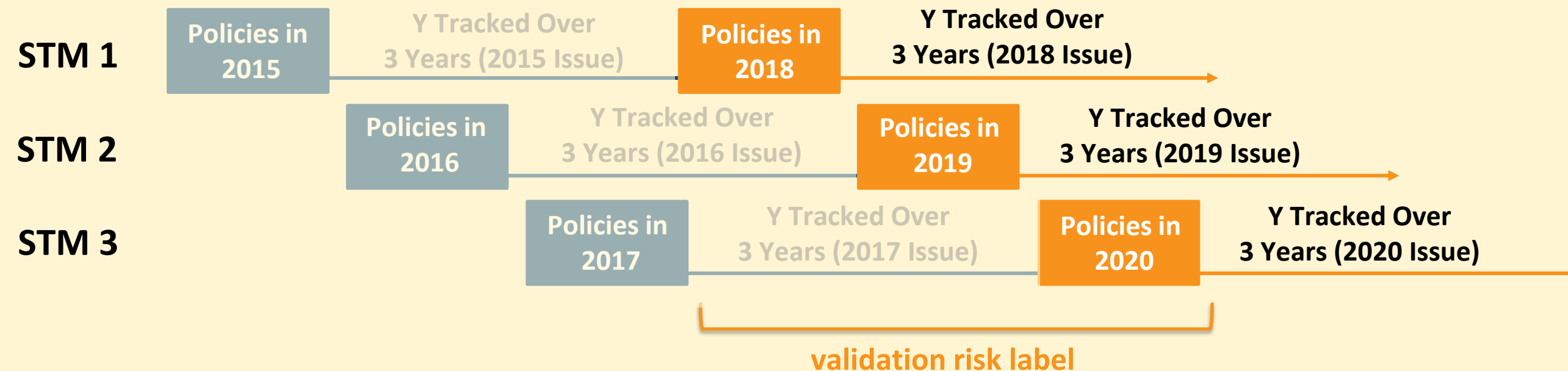


Models: Validation Dataset

2015 2016 2017 2018 2019 2020 2021 2022 Present

Specifically tailored models (STM)

During the model validation phase, risk labels from 2018, 2019, and 2020 are used to ensure no overlap between the training and testing data. This approach allows the model to fully assess its generalization capability on unseen data.



General-purpose model (GPM)

The model validation phase utilizes the risk labels from 2018, 2019, and 2020. °



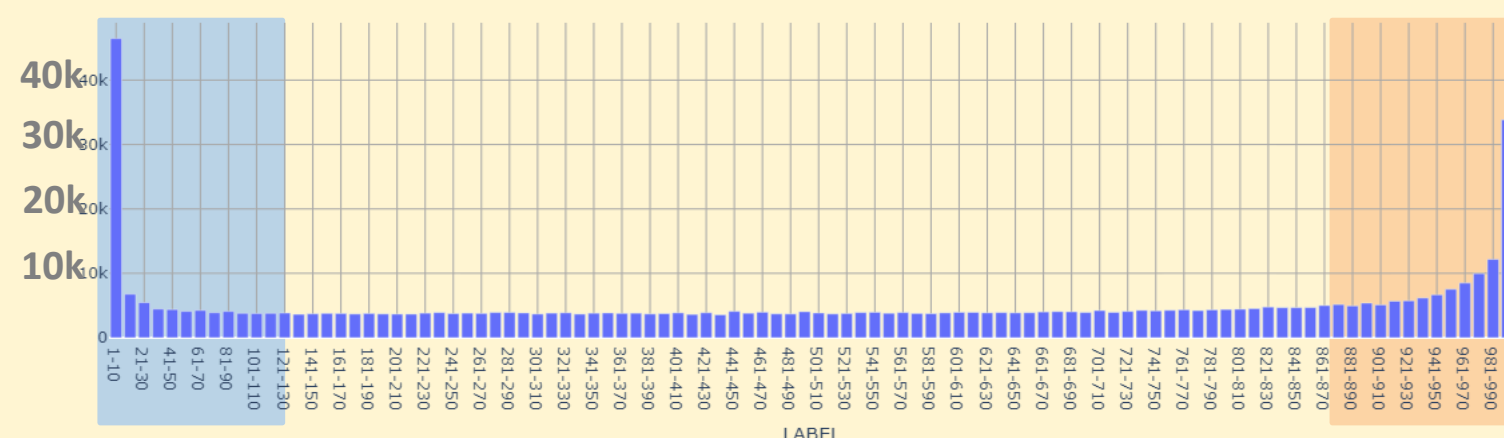
Risk Groups Definition

- Differences in risk distribution between the two models.
- We focus on their ability to differentiate between high-risk and low-risk groups.

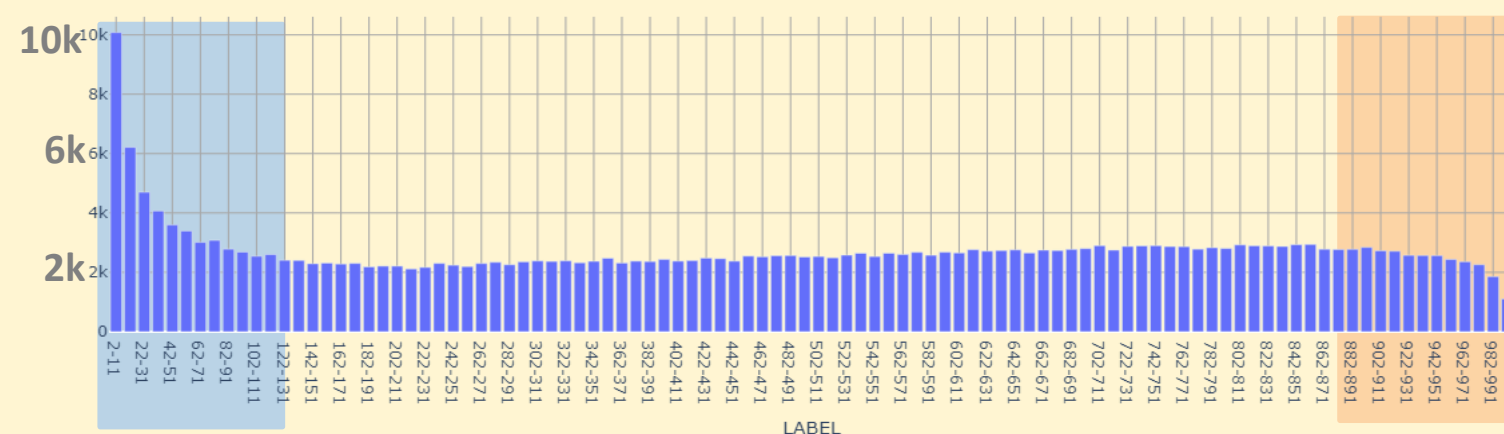
High and Low Risk Grouping Method

- The top 20% in risk ranking are designated as the high-risk group.
- The bottom 20% in risk ranking are designated as the low-risk group.
- This grouping method is applied to subsequent indicator validation.

Specifically tailored models (STM)

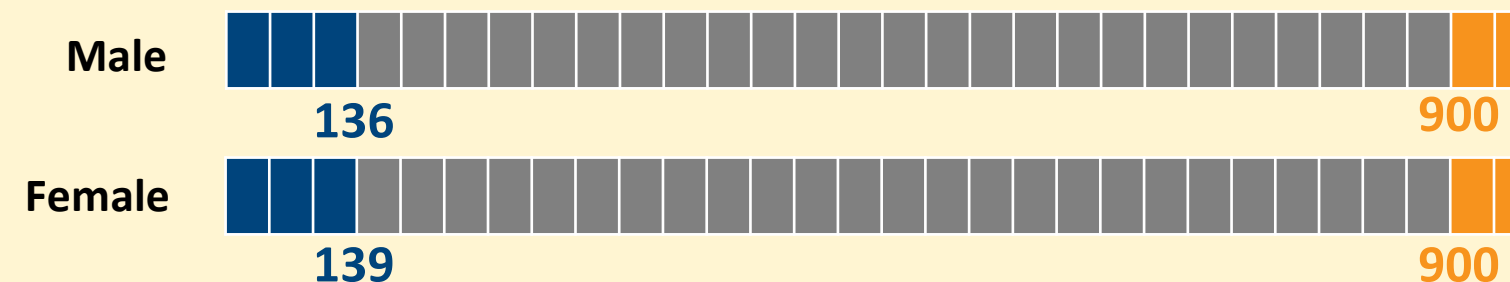


General-purpose model (GPM)

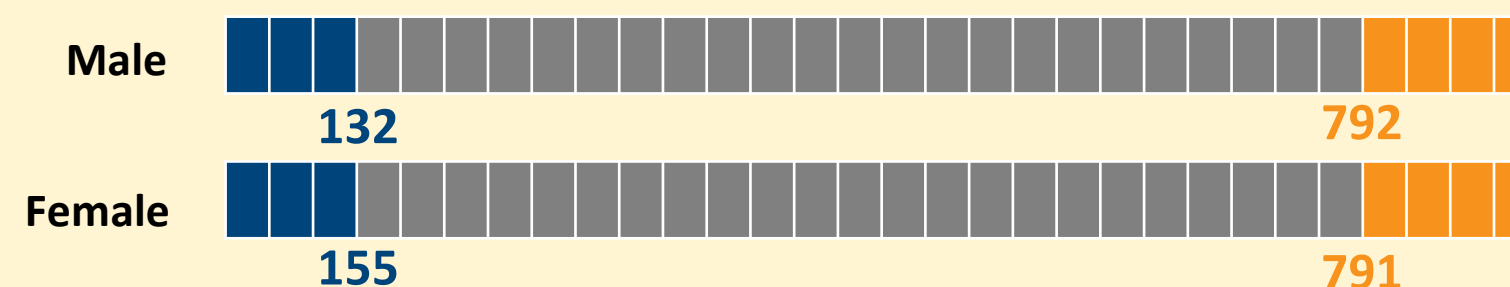


STM - H/L Threshold

Low-Risk Group (Bottom 20% Risk Ranking) High-Risk Group (Top 20% Risk Ranking)



GPM - H/L Threshold



1 ————— 1000

Application Validation Metrics

Relative Ratios in hospitalization days

$$\frac{(High\ Risk) Average\ Hospitalization\ Days\ over\ the\ Next\ 3\ Years}{(All)\ Average\ Hospitalization\ Days\ over\ the\ Next\ 3\ Years}$$

Assess how much higher the average hospitalization days are for contracts/ customers predicted as high risk compared to the overall contracts/ customers.

Health Abnormality Rate

$$\frac{(High\ Risk)\ Post - Screening\ Outcomes:\ Rejection\ or\ Special\ Approval}{(All)\ Post - Screening\ Outcomes:\ Rejection\ or\ Special\ Approval}$$

Evaluate how much higher the abnormal screening hit rate is for contracts/customers predicted as high risk compared to the overall contracts/ customers.

Claim Ratio

$$\frac{(High\ Risk) Claim\ Ratio\ over\ the\ Next\ 3\ Years}{(All) Claim\ Ratio\ over\ the\ Next\ 3\ Years}$$

Examine how much higher the claim ratio is for contracts/customers predicted as high risk compared to the overall contracts/ customers.

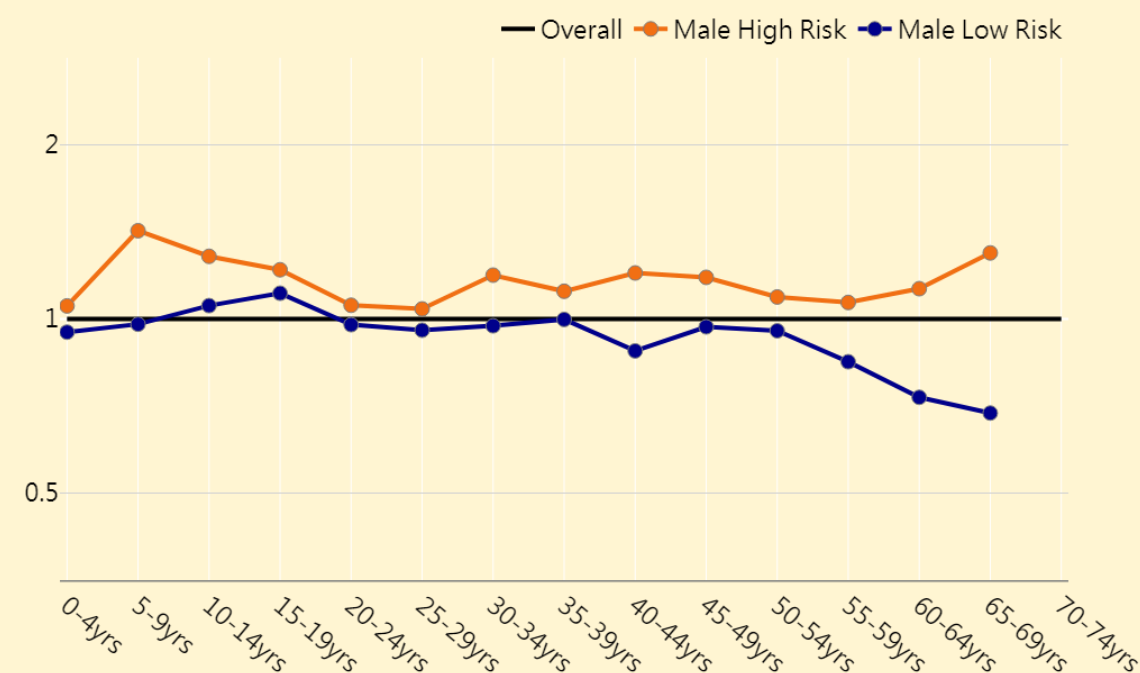
Performance Comparison

- Relative Ratios in hospitalization days

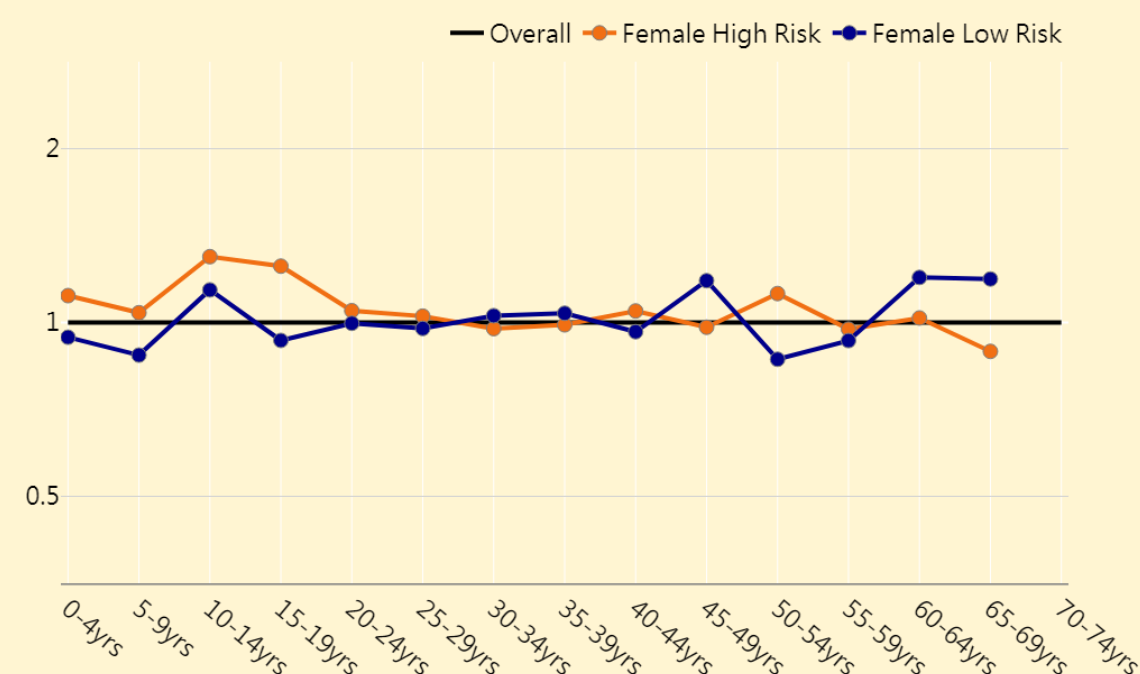
- GPM demonstrates better hospitalization risk differentiation between the high-risk and low-risk groups.
- The high-to-low risk ratio for STM is around 1.2 times.
- The high-to-low risk ratio for GPM is around 2.2 times.

Gender	Male		Female	
	STM	GPM	STM	GPM
High Risk	1.19	1.17	1.08	1.49
Low Risk	0.97	0.53	0.99	0.69
H/L Ratio	1.23	2.21	1.09	2.16

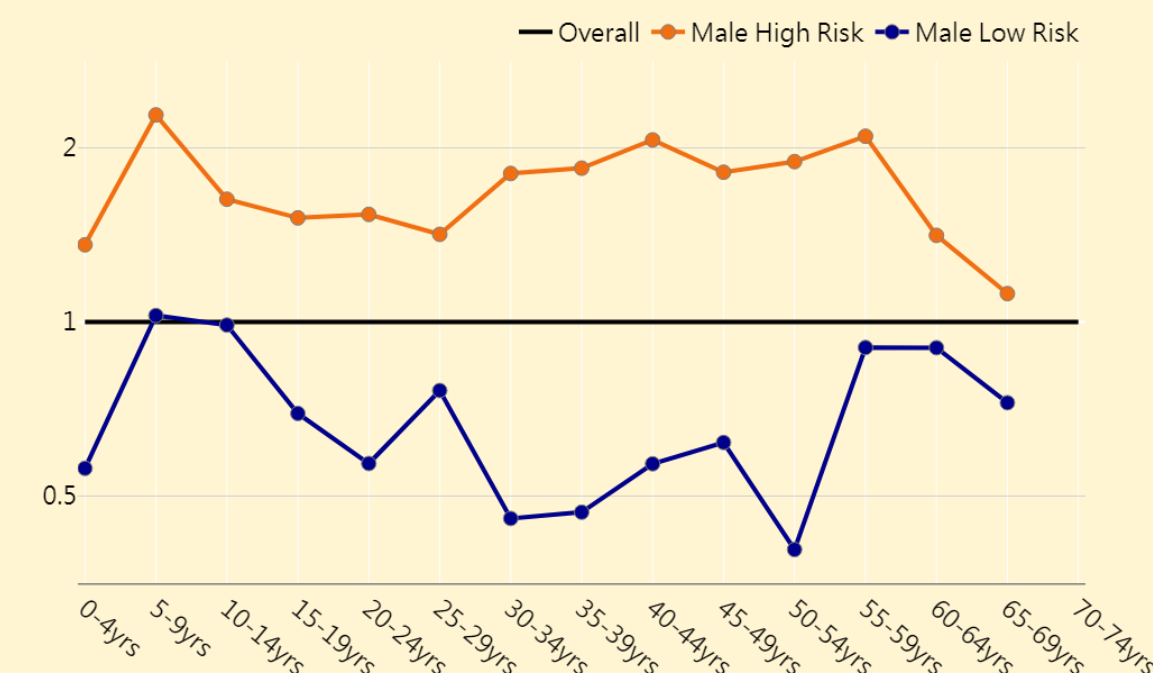
STM - male



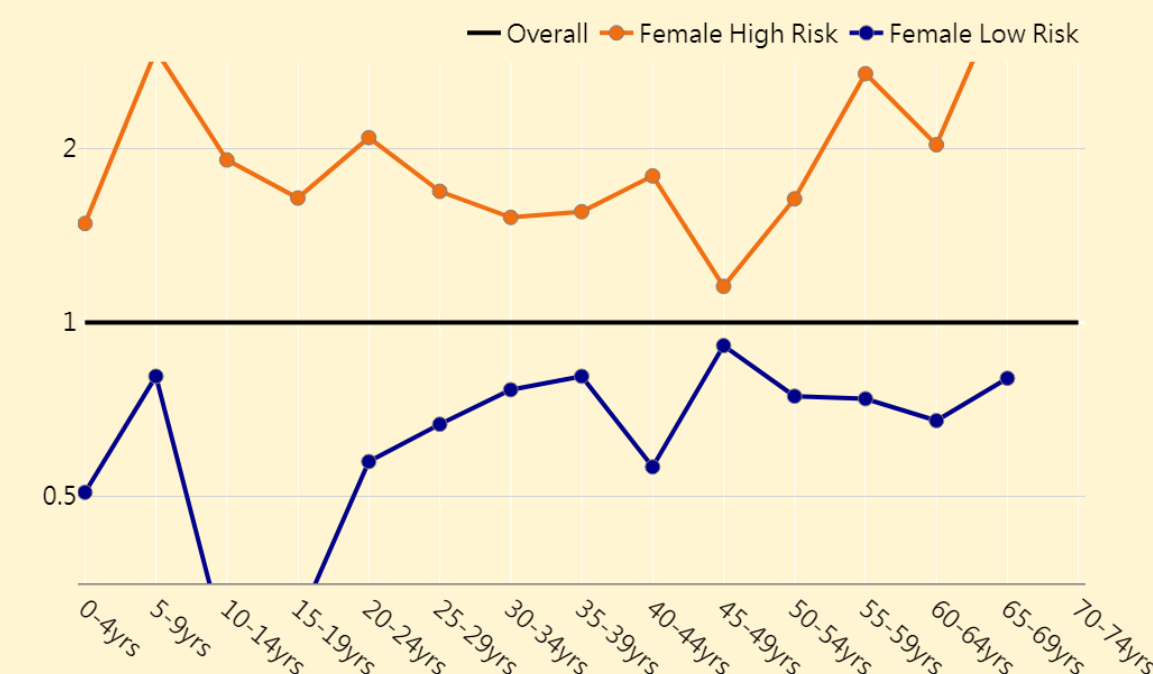
STM - female



GPM - male



GPM - female

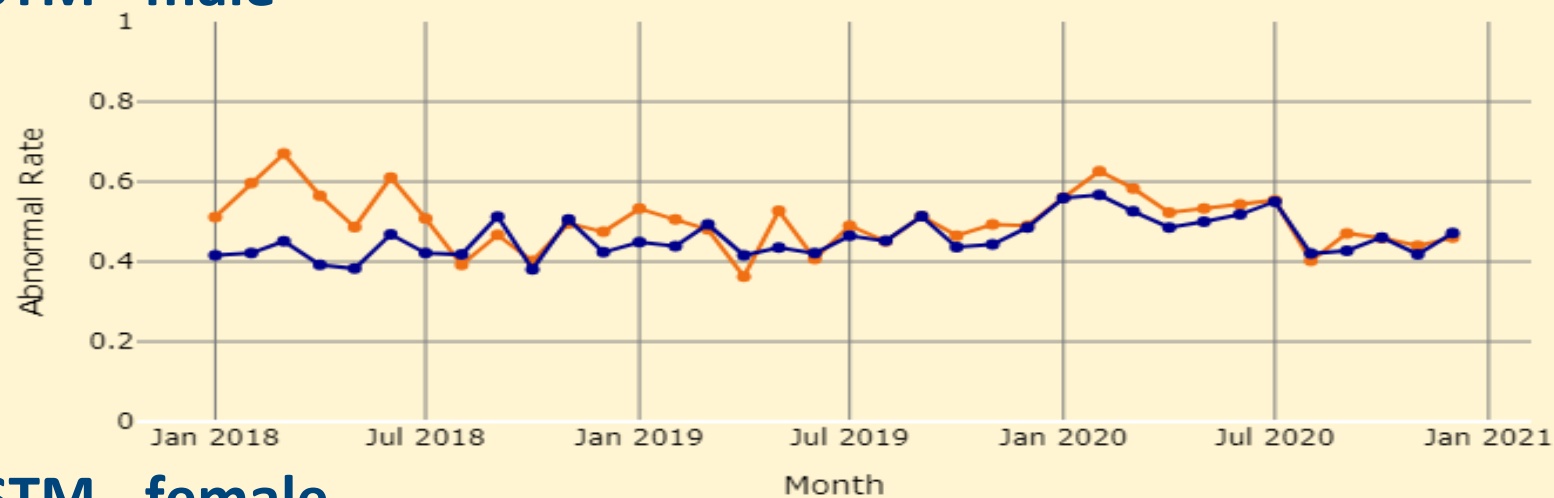


Performance Comparison - Health Abnormality Rate

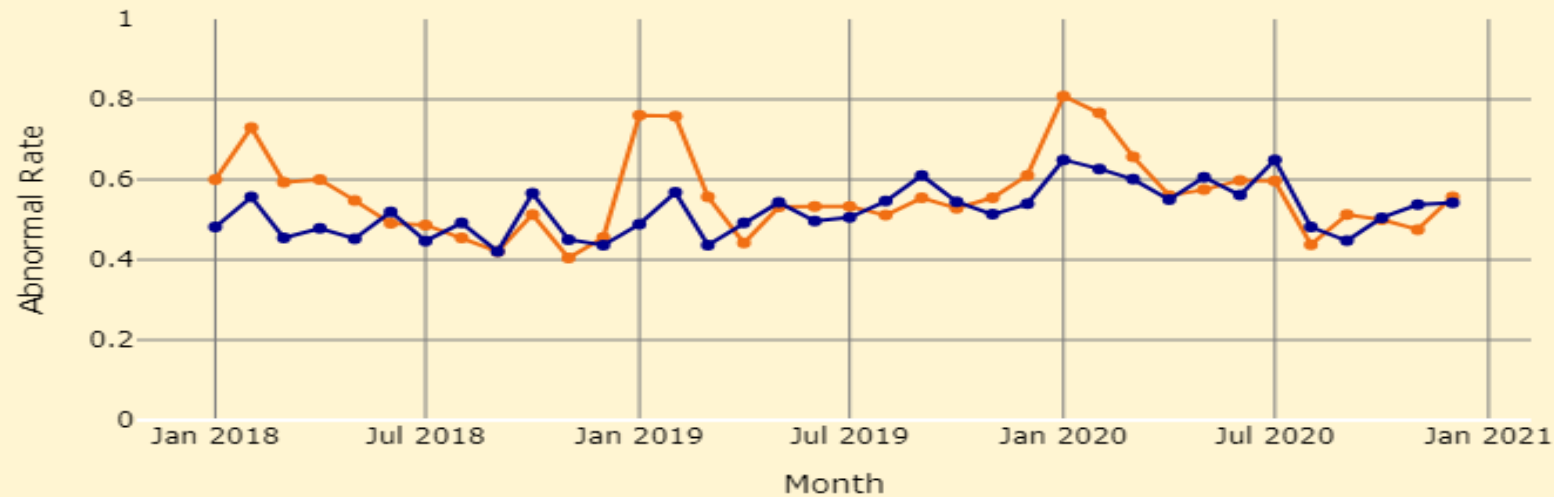
- Based on data from 2018 to 2020, the health abnormality rate in the high-risk group identified by GPM has consistently been higher than that in the random sampling group.
- The monthly fluctuations in the health abnormal rate are primarily due to the randomness introduced by sampling at the validation data level.

Comparison of Abnormal Rates by Month (High Risk vs Random)

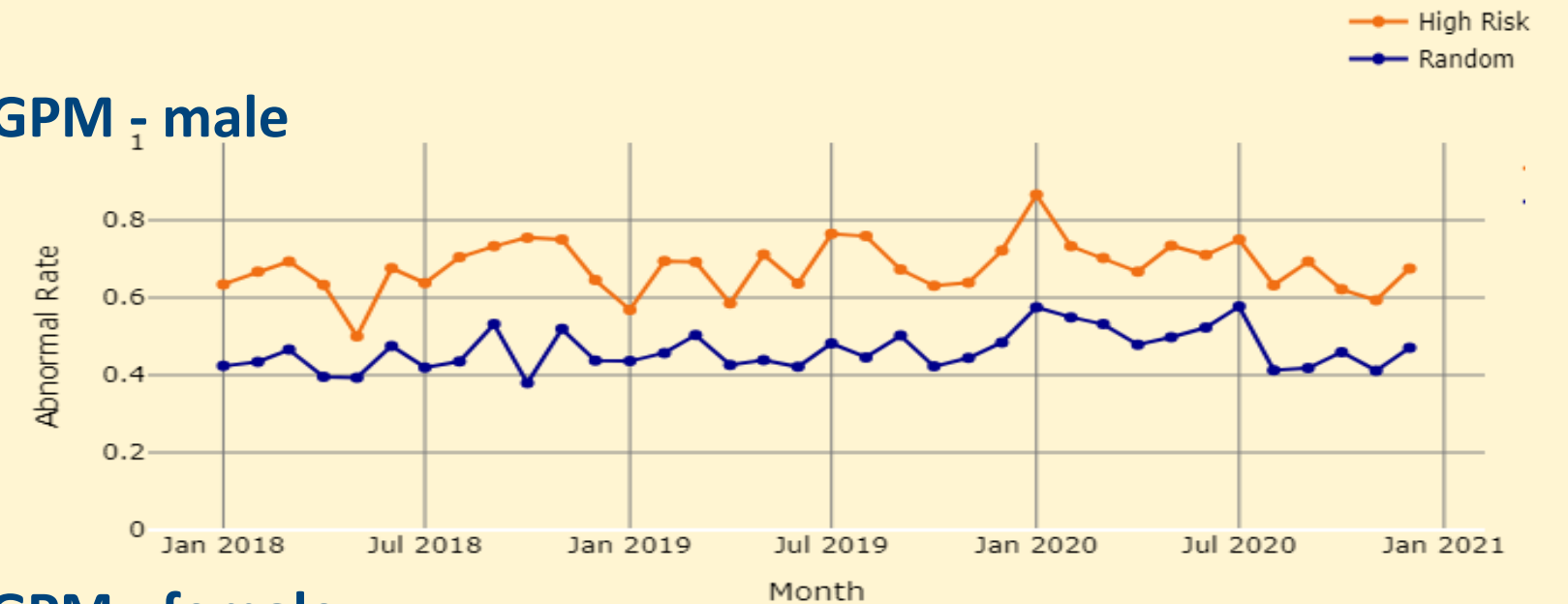
STM - male



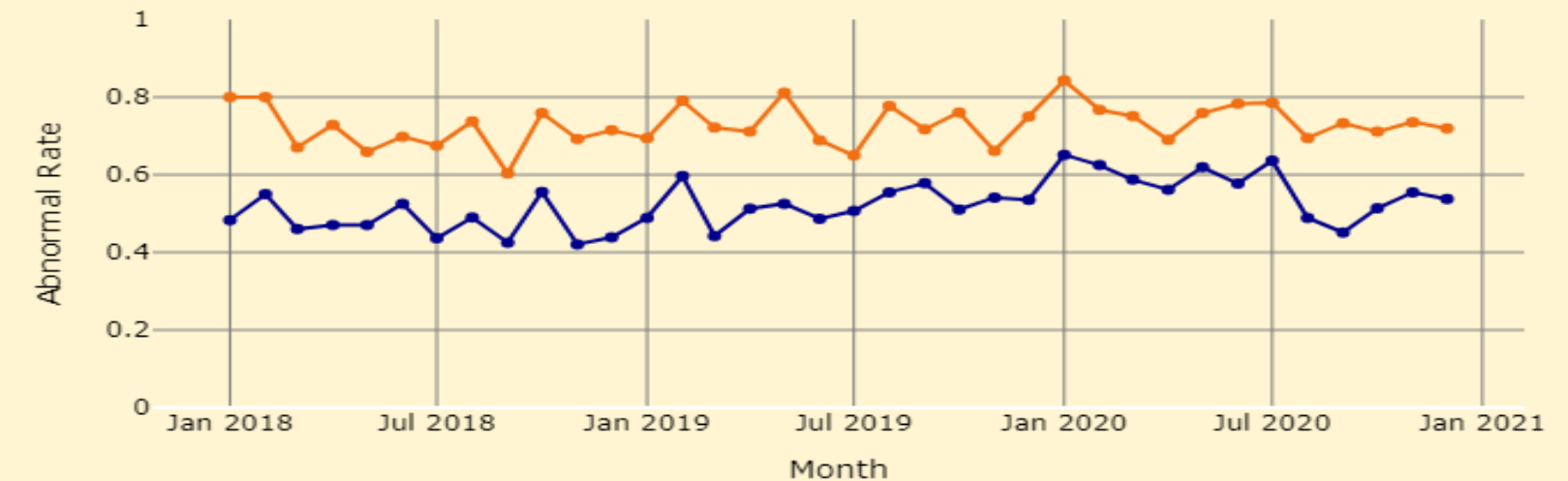
STM - female



GPM - male



GPM - female

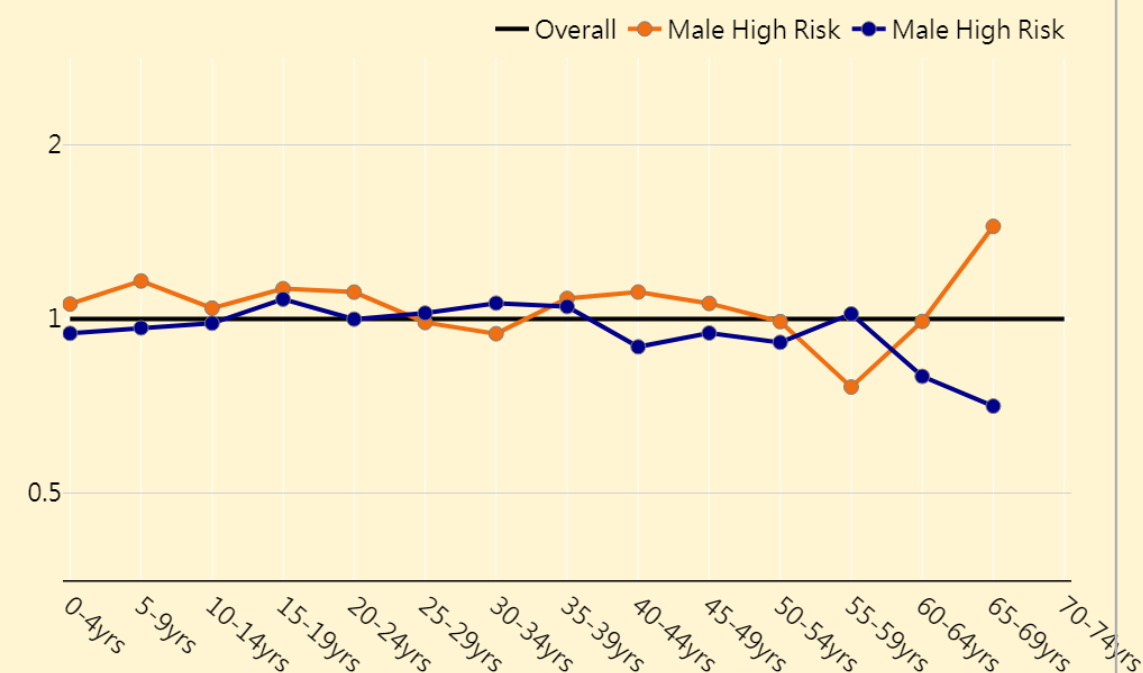


Performance Comparison - Claim Ratio

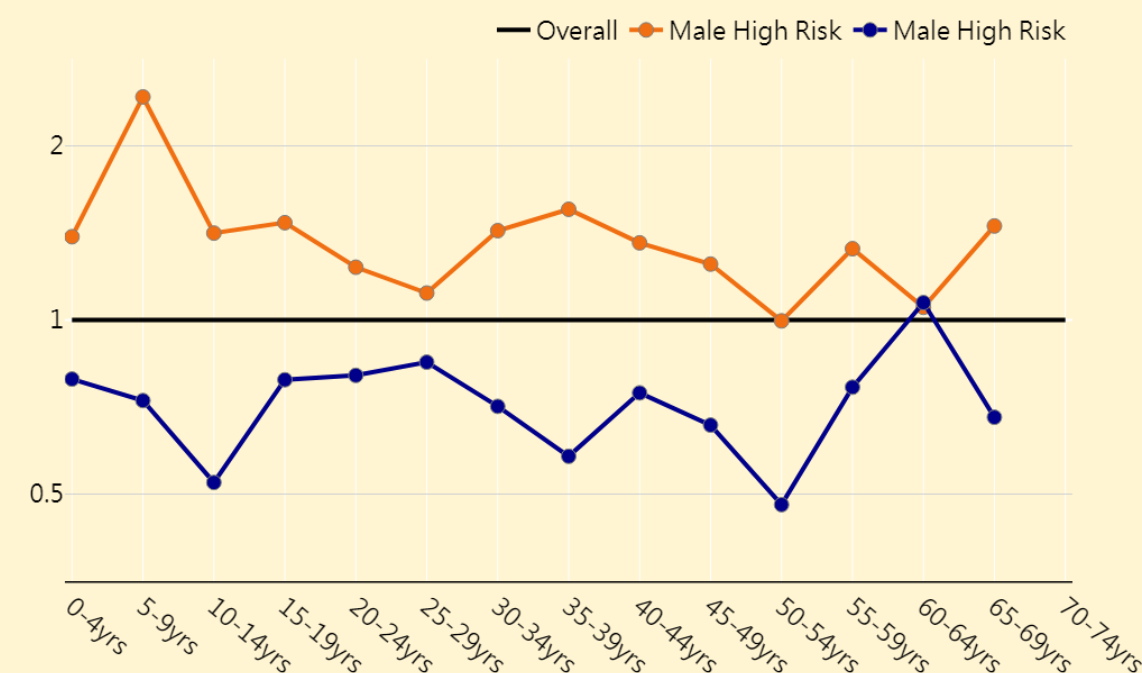
- GPM demonstrates better claim risk differentiation between the high-risk and low-risk groups.
- The high-to-low risk ratio for STM is around 1.1 times.
- The high-to-low risk ratio for GPM is around 2 times.

Gender	Male		Female	
	STM	GPM	STM	GPM
High Risk	1.08	1.52	1.08	1.48
Low Risk	0.96	0.69	0.99	0.76
H/L Ratio	1.13	2.2	1.09	1.94

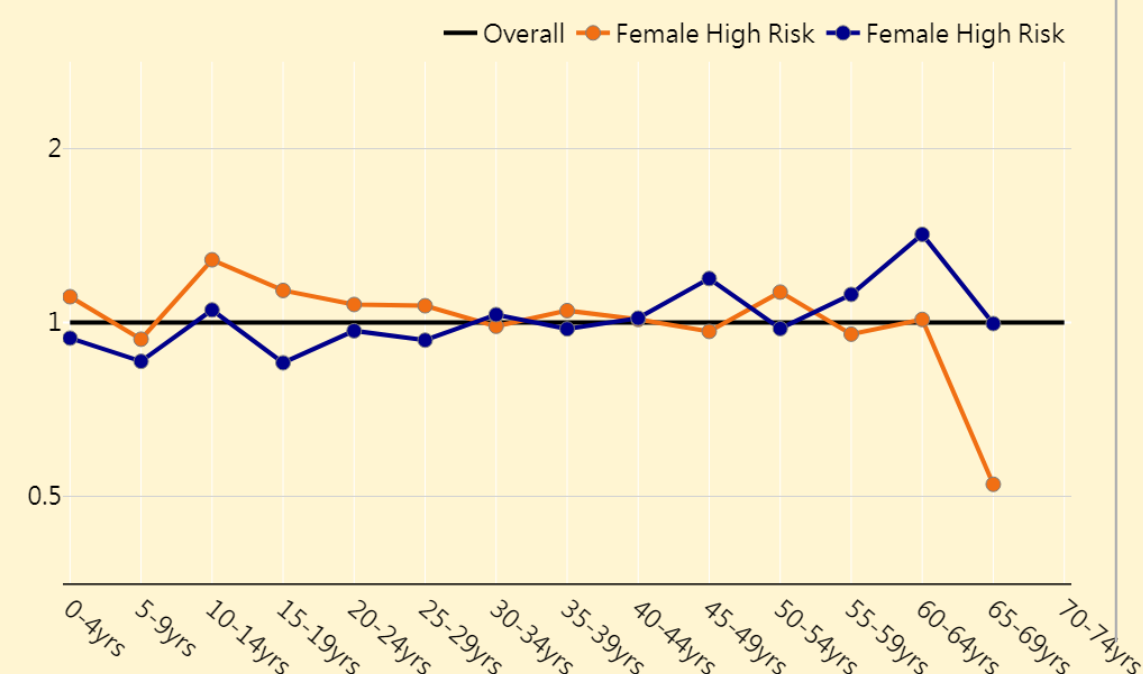
STM - male



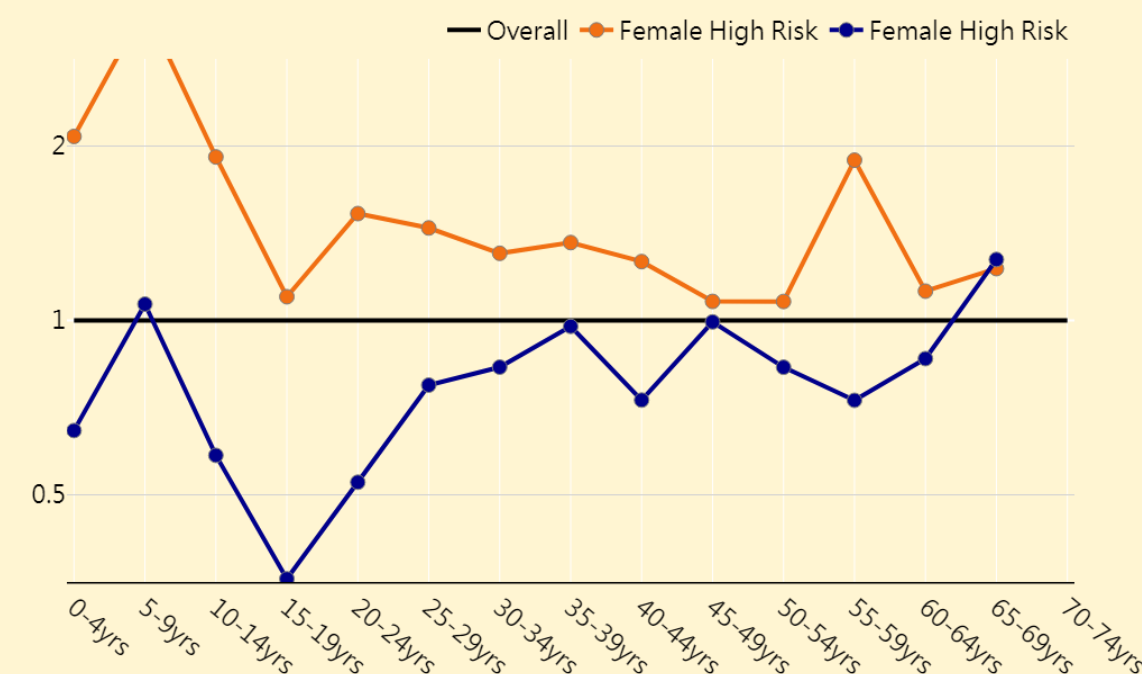
GPM - male



STM - female



GPM - female

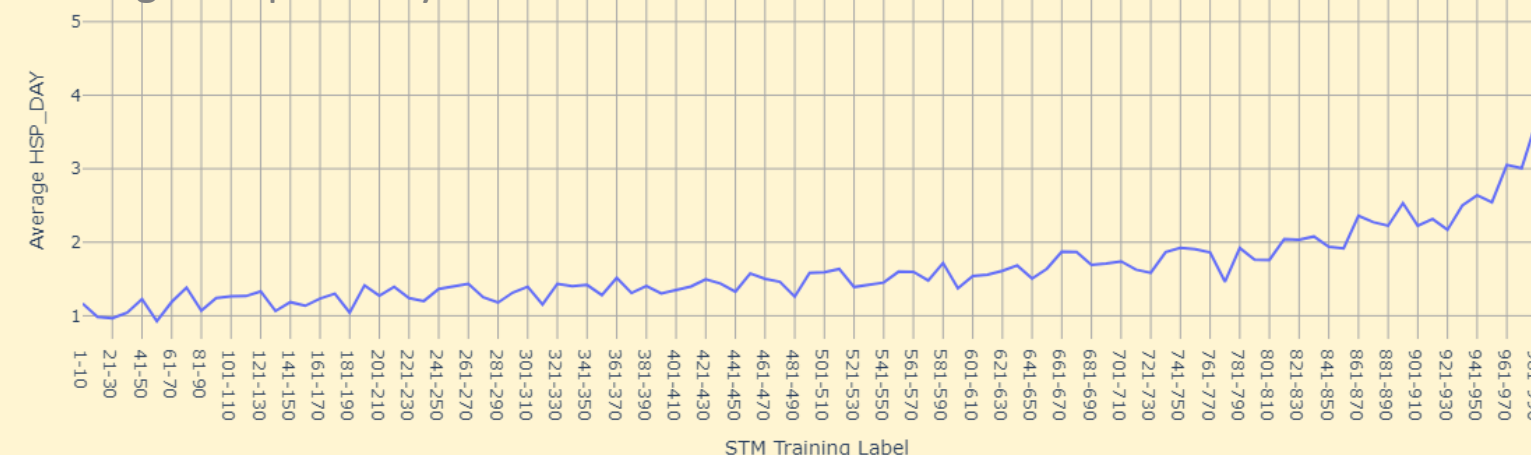


Comparative Analysis of Model Predictions and Generalization Ability

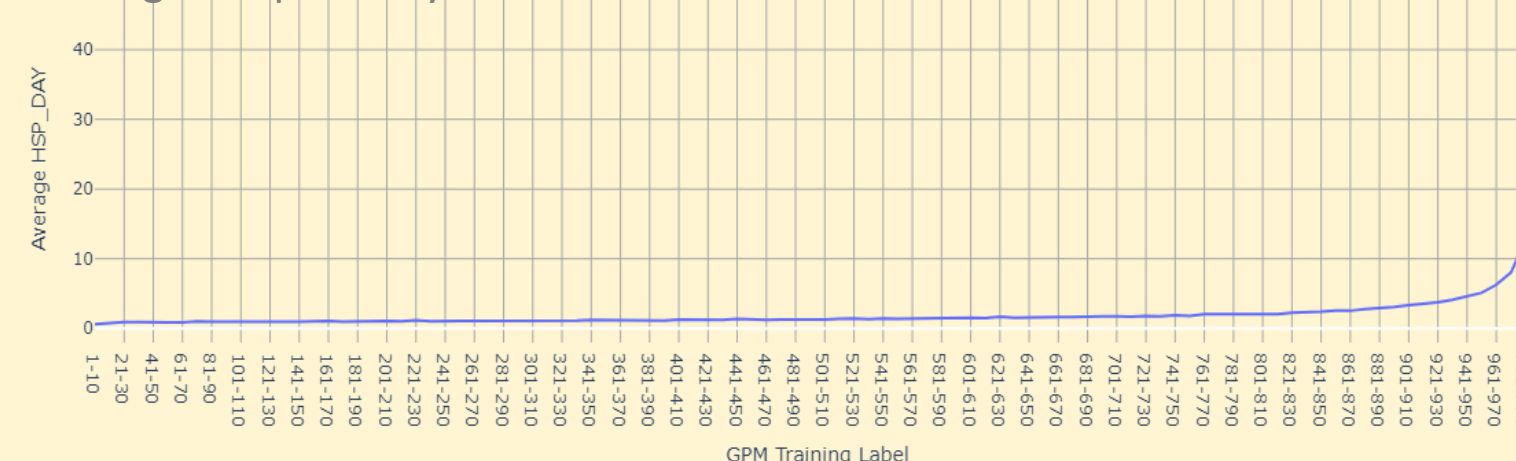
In the training data, both the STM and GPM models exhibit comprehensive and smooth prediction curves, indicating that they achieve good fitting within the range of the training dataset.

Training
Data's Label

Average Hospital Days Predictions



Average Hospital Days Predictions

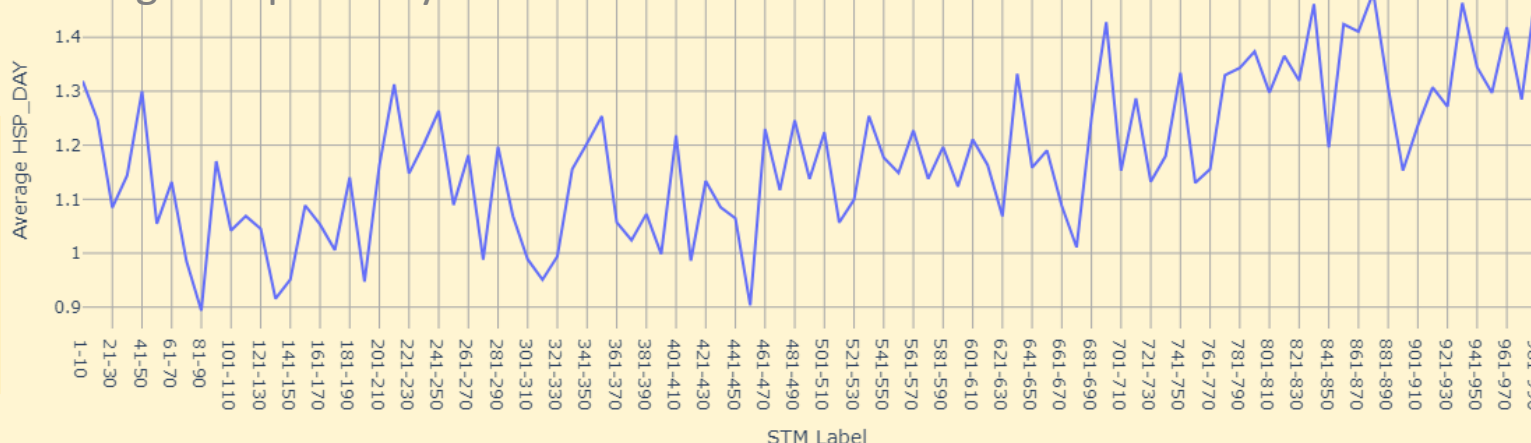


However, in the validation data, we observe significantly increased fluctuations in the prediction curves, **which reflects a decline in the prediction accuracy of the STM model on unseen data.**

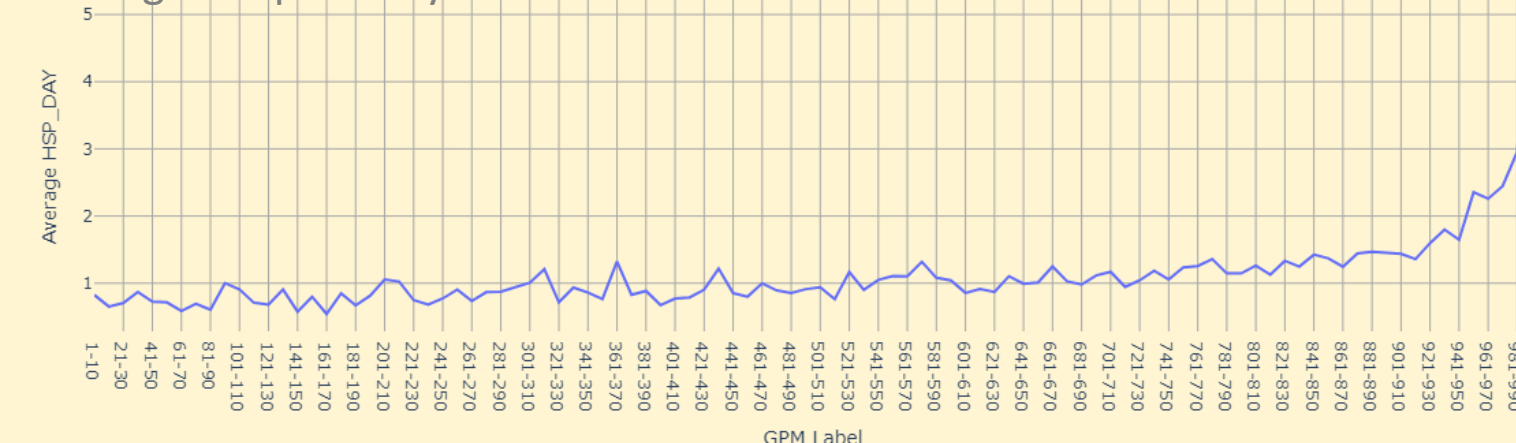
Validation
Data's Label

Unstable
performance
due to limited
training scale.

Average Hospital Days Predictions



Average Hospital Days Predictions

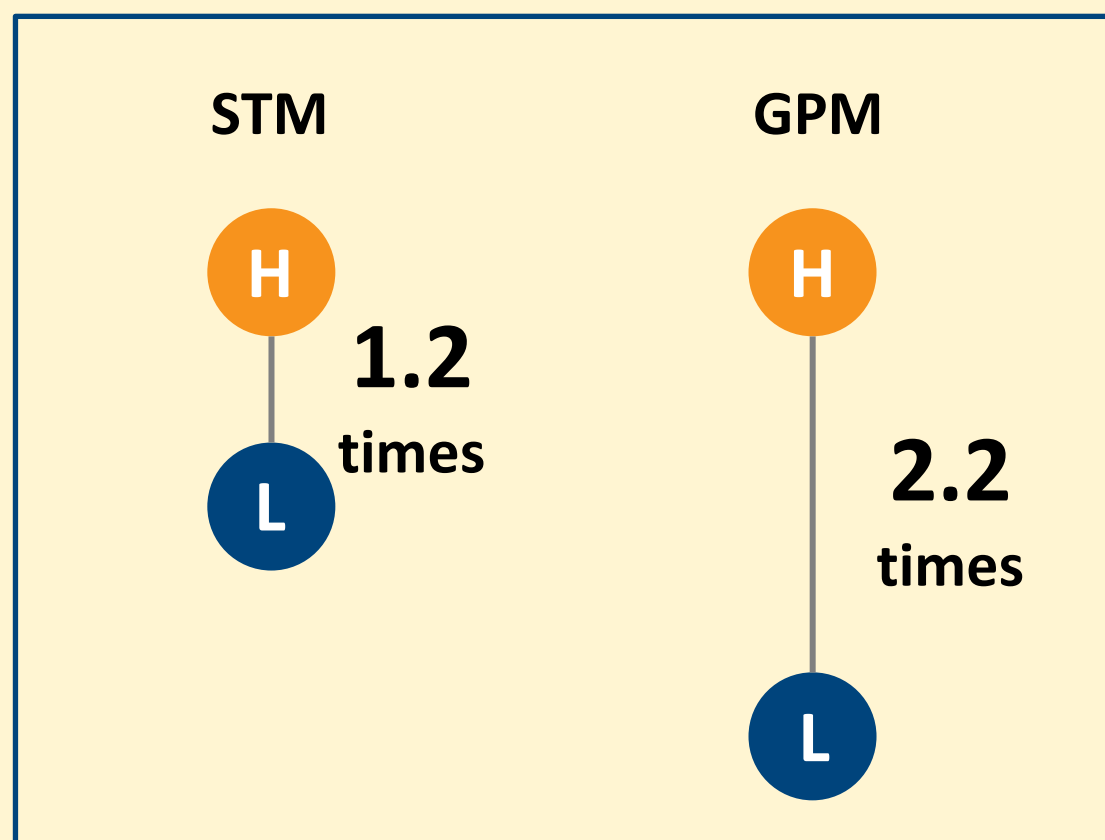


Conclusion

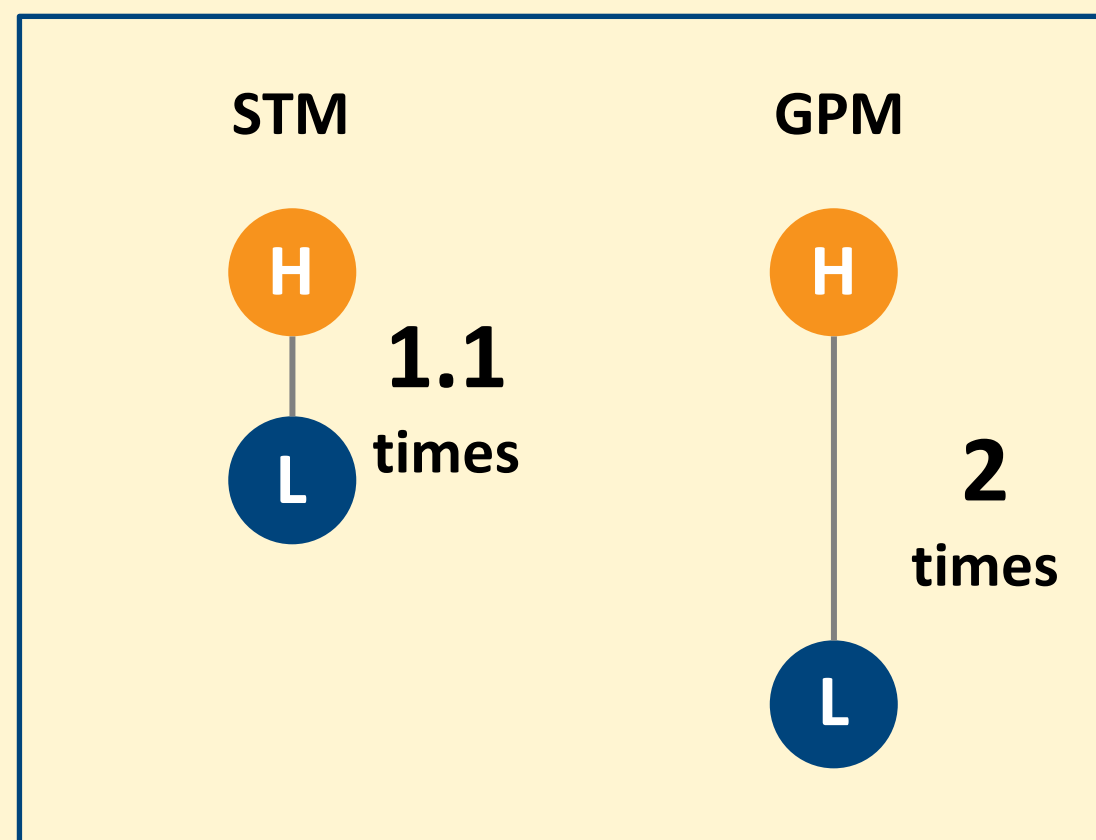
Conclusions

GPM outperforms STM across all evaluation metrics.

Relative Ratios in hospitalization days



Claim Ratio



Health Abnormality Rate

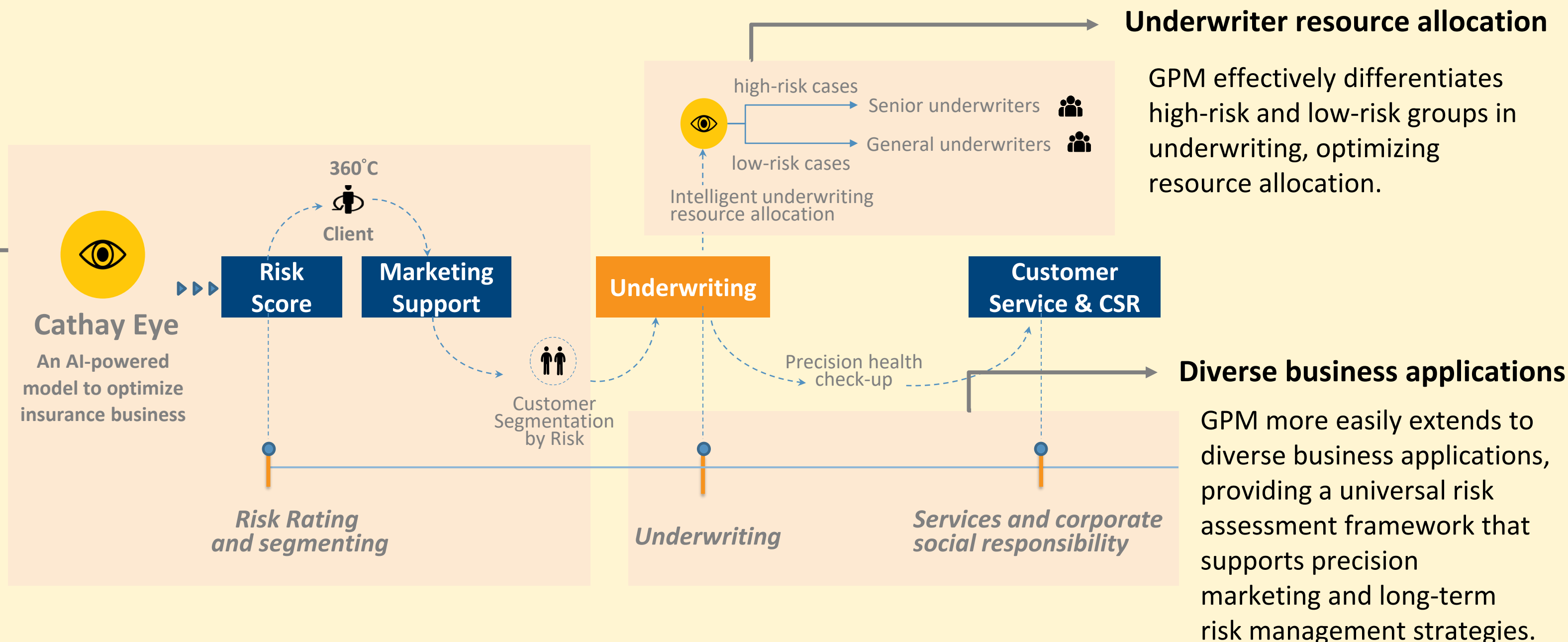
The health abnormality rate for the high-risk group in GPM is consistently 15% to 20% higher than that of the random group.

Business Implications

In practice, we deployed the GPM model architecture across the entire insurance process, achieving remarkable results.

GPM model architecture

By adopting the GPM model architecture, there is no need for annual updates due to highly volatile training data, significantly reducing deployment and maintenance costs.



Thank you! Obrigado!

Questions?

