

*Daniel Meier, Swiss Re*

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# **Klassische und moderne Survival Modelle**

Anwendung der Modelle zum Einfluss von  
GLP-1 Abnehmspritzen auf Lebensversicherer

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30. April 2026

# Two articles

## Survival of the Fittest: Classical and Machine Learning Methods for Time-to-Event Modeling

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Prepared for:  
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Swiss Association of Actuaries SAV  
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### Abstract

This tutorial provides an overview of classical and machine learning methods for survival modeling. We start with introducing the basic concepts of survival modeling using the Cox proportional hazards model and the accelerated failure time model, highlighting their

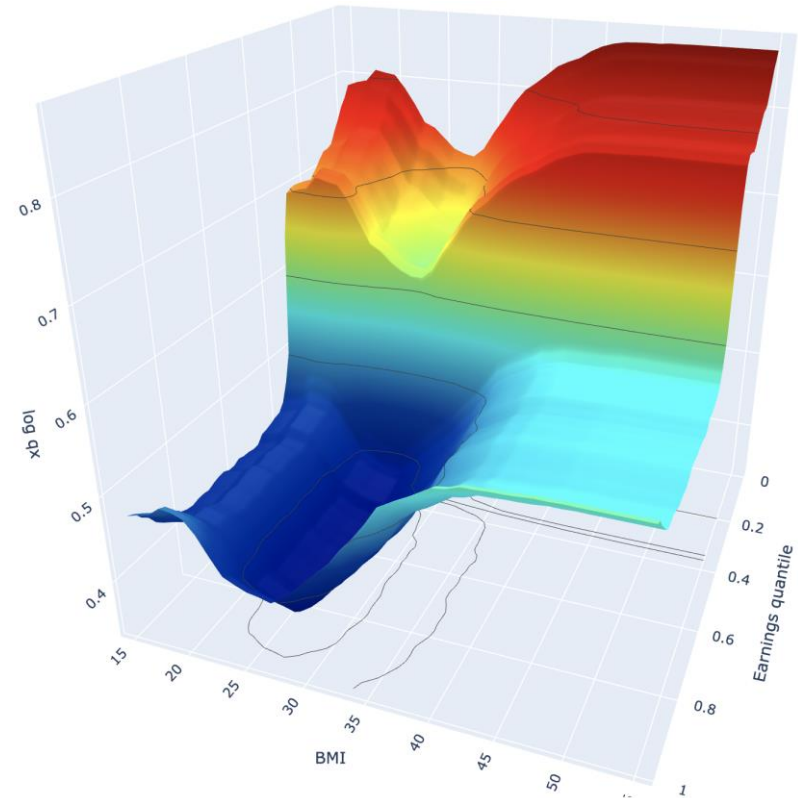
Case study 16 on survival models available at [actuarialdatascience.org](https://actuarialdatascience.org)



What is the impact of GLP-1 weight loss drugs on age-standardized mortality in the US in 20 years?

# Where are survival models applied?

- Life & Health Underwriting
- Scenario testing, e.g., weight loss drugs
- US cancer registry SEER: Underwriting
- Pensioner mortality tables
- Unemployment times
- Public health
- Any other use case where **time-to-event** is important, e.g., credit default, lapse, engineering, etc.



# Linear regression

$$y(x) = \beta_0 + \beta_1 x_1 + \beta_2 x_2 + \dots + \beta_M x_M$$

## OLS Regression Results

```

=====
Dep. Variable:          y    R-squared:                0.738
Model:                 OLS  Adj. R-squared:         0.734
Method:                Least Squares  F-statistic:           184.4
Date:                  Fri, 15 Aug 2025  Prob (F-statistic):    8.17e-57
Time:                  14:50:57  Log-Likelihood:       -277.39
No. Observations:     200  AIC:                   562.8
Df Residuals:         196  BIC:                   576.0
Df Model:              3
Covariance Type:      nonrobust
=====

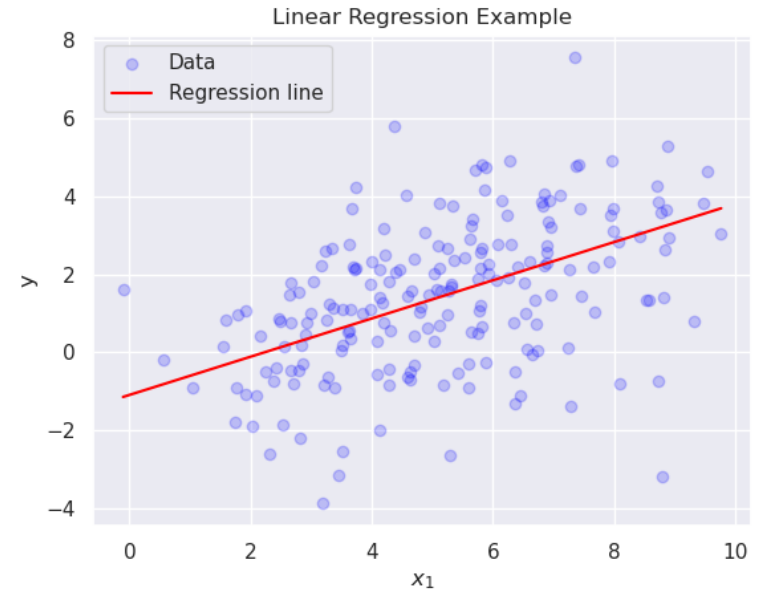
```

	coef	std err	t	P> t	[0.025	0.975]
const	2.1888	0.293	7.458	0.000	1.610	2.768
x1	0.4899	0.034	14.387	0.000	0.423	0.557
x2	-0.3280	0.025	-13.149	0.000	-0.377	-0.279
x3	1.1735	0.068	17.172	0.000	1.039	1.308

```

=====
Omnibus:                0.265  Durbin-Watson:         2.082
Prob(Omnibus):          0.876  Jarque-Bera (JB):      0.402
Skew:                   0.064  Prob(JB):              0.818
Kurtosis:               2.822  Cond. No.               48.1
=====

```



# Logistic regression

$$p(x) = \text{logistic}(\beta_0 + \beta_1 x_1 + \beta_2 x_2 + \dots + \beta_M x_M)$$

$$\text{logistic}(x) = \frac{1}{1 + \exp(-x)}$$

Logit Regression Results

```

=====
Dep. Variable:          y      No. Observations:      200
Model:                 Logit  Df Residuals:         196
Method:                MLE    Df Model:             3
Date:                  Fri, 15 Aug 2025  Pseudo R-squ.:       0.4304
Time:                  14:48:34  Log-Likelihood:      -66.445
converged:             True     LL-Null:             -116.65
Covariance Type:      nonrobust  LLR p-value:        1.266e-21
=====

```

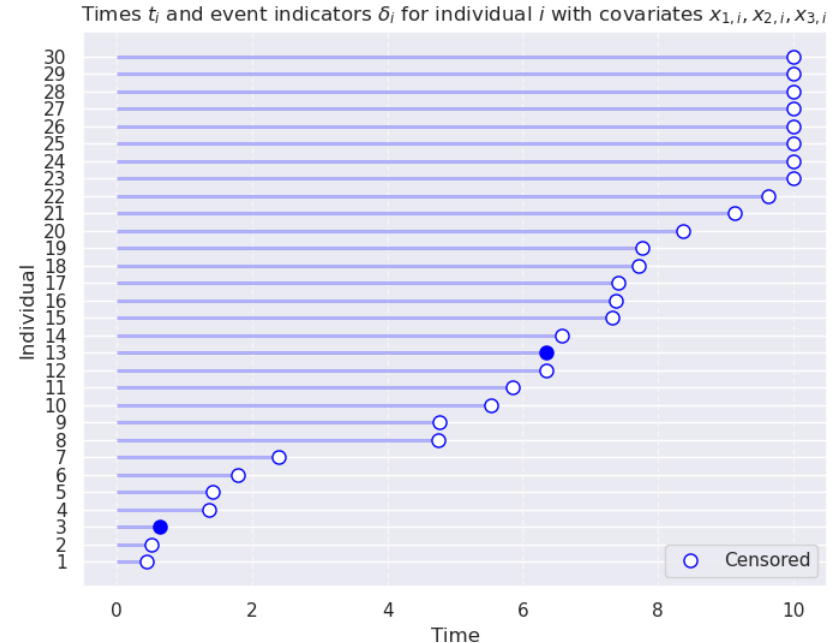
	coef	std err	z	P> z	[0.025	0.975]
const	0.9304	0.915	1.017	0.309	-0.863	2.723
x1	0.8313	0.155	5.354	0.000	0.527	1.136
x2	-0.6647	0.112	-5.961	0.000	-0.883	-0.446
x3	1.1915	0.270	4.413	0.000	0.662	1.721



# Cox regression (the most common survival model)

$$h(t|\mathbf{x}) = h_0(t) \exp(\beta_1 x_1 + \beta_2 x_2 + \dots + \beta_M x_M)$$

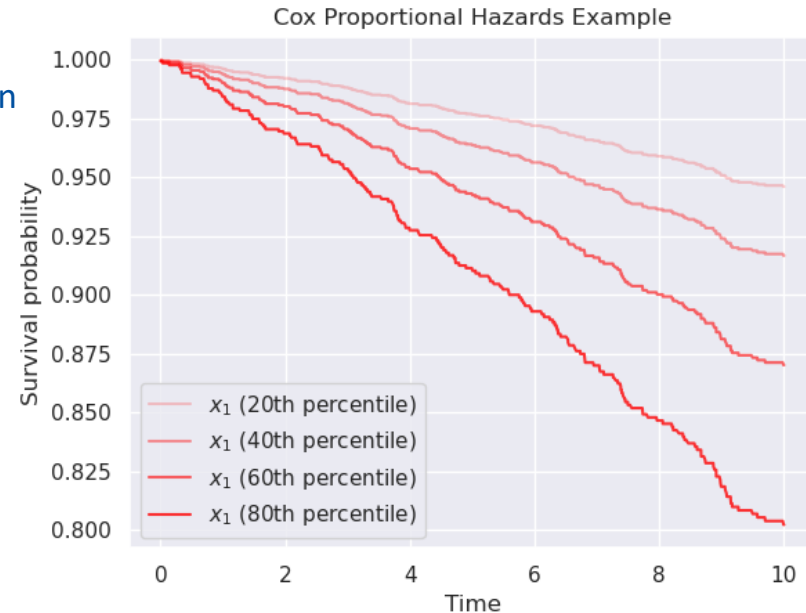
- **Data** consists of individuals  $i$  with
  - features  $x_{1,i}, x_{2,i}, \dots$
  - time  $t_i$
  - event indicator  $\delta_i$ , where
    - $\delta_i = 0$  denotes (right-)censoring
    - $\delta_i = 1$  denotes, e.g., mortality
- What is the distribution (CDF  $F$ , PDF  $f$ ) of **survival time  $T$** ?



# Cox regression (the most common survival model)

$$h(t|\mathbf{x}) = h_0(t) \exp(\beta_1 x_1 + \beta_2 x_2 + \dots + \beta_M x_M)$$

- **Hazard rates**  $h(t|\mathbf{x})$ , correspond to force of mortality  $\mu_x(t)$  in continuous time and  $q_{x,t}$  or  $m_{x,t}$  in discrete time
- **Proportional hazards:**  $h(t|\mathbf{x}_i)/h(t|\mathbf{x}_j)$  const.
- **Survival probability function**  $S(t|\mathbf{x})$ , corresponds to  ${}_t p_x$
- $S(t|\mathbf{x}) = 1 - F(t|\mathbf{x})$
- $h(t|\mathbf{x}) = -\frac{\partial}{\partial t} \log S(t|\mathbf{x}) = \frac{f(t|\mathbf{x})}{S(t|\mathbf{x})}$

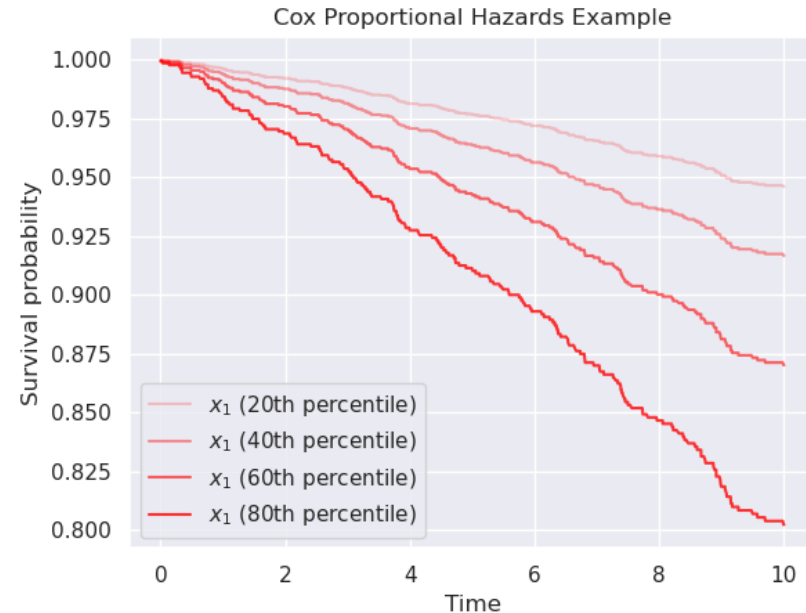


# Cox regression (the most common survival model)

$$h(t|\mathbf{x}) = h_0(t) \exp(\beta_1 x_1 + \beta_2 x_2 + \dots + \beta_M x_M)$$

- **Baseline hazard rates**  $h_0(t)$  via
  - Kaplan-Meier:  $S(t) = \prod_{t_i \leq t} \left(1 - \frac{d_i}{n_i}\right)$
  - Nelson-Aalen:  $H(t) = \sum_{t_i \leq t} \frac{d_i}{n_i}$
- **Coefficients**  $\beta_1, \beta_2, \dots$  via partial likelihood function maximization (Breslow method for tied events)

$$\mathcal{L} = \prod_{i:\delta_i=1} \prod_{j:t_j=t_i} \frac{\exp(\beta_1 x_{1,j} + \dots)}{\sum_{k:t_k \geq t_j} \exp(\beta_1 x_{1,k} + \dots)}$$



# Cox regression (the most common survival model)

$$h(t|x) = h_0(t) \exp(\beta_1 x_1 + \beta_2 x_2 + \dots + \beta_M x_M)$$

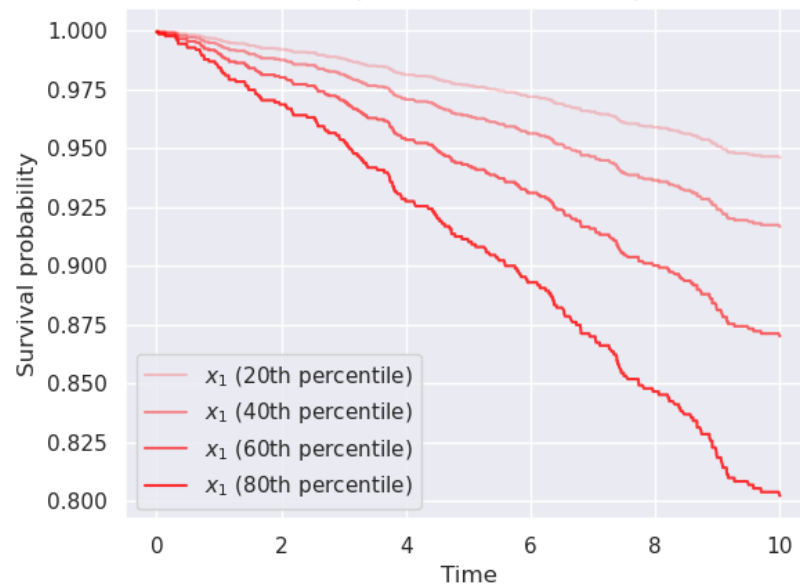
model	lifelines.CoxPHFitter
duration col	'time'
event col	'event'
baseline estimation	breslow
number of observations	2000
number of events observed	178
partial log-likelihood	-1248.33
time fit was run	2025-08-18 08:31:08 UTC

	coef	exp(coef)	se(coef)	coef lower 95%	coef upper 95%	exp(coef) lower 95%	exp(coef) upper 95%	cmp to	z	p	-log2(p)
x1	0.09	1.09	0.01	0.07	0.11	1.07	1.12	0.00	7.76	<0.005	46.71
x2	0.20	1.22	0.15	-0.09	0.50	0.91	1.64	0.00	1.34	0.18	2.46
x3	0.04	1.04	0.02	0.00	0.07	1.00	1.08	0.00	2.06	0.04	4.67

Concordance	0.67
Partial AIC	2502.65
log-likelihood ratio test	72.86 on 3 df
-log2(p) of ll-ratio test	49.77

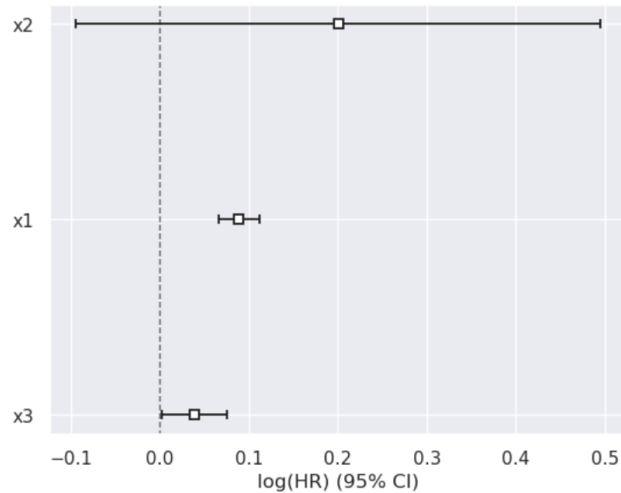
lifelines summary

Cox Proportional Hazards Example

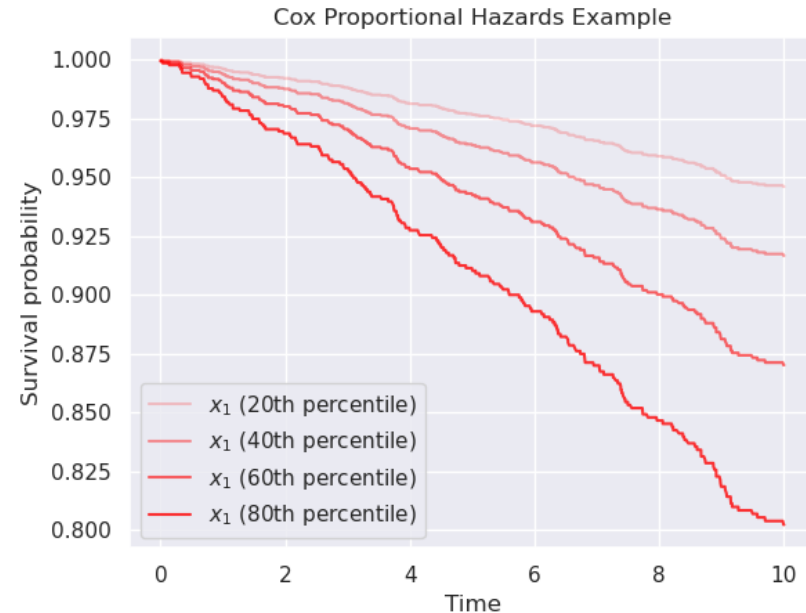


# Cox regression (the most common survival model)

$$h(t|\mathbf{x}) = h_0(t) \exp(\beta_1 x_1 + \beta_2 x_2 + \dots + \beta_M x_M)$$



lifelines forest plot



# A bit of public health history

**Lester Breslow (1915-2012), the father of Norman Breslow after whom the method was named**

**D**r. **Lester Breslow**, a former dean of the UCLA Jonathan and Karin Fielding School of Public Health, professor emeritus of health services, and one of the leading figures in public health for seven decades, died Monday. He was 97.

Breslow was a visionary public health figure with a well-established track record for being ahead of his time. As early as the 1940s, he linked tobacco use to disease in three studies that were later cited in the U.S. Surgeon General's landmark 1964 report.

He is widely known for his early advocacy and research into health promotion and disease prevention. Breslow's pioneering Alameda County studies beginning in the early 1960s were among the first to show that simple health practices — such as getting regular exercise and sleep, not drinking excessively, not smoking, and maintaining a healthy weight — add both years and quality to life.

While these conclusions are taken for granted today, the idea of such a strong connection between lifestyle and health was seen as "bizarre" at the time, Breslow noted decades later. He would smile when recalling the response of the National Institutes of Health panel of scientists that reviewed the initial study proposal: "Unanimous rejection." When the study was completed, even Breslow was shocked at the magnitude of the results, which helped usher in current thinking about health and fitness.

# The dataset

- Data since 196
- 100k individual
- 500+ features: economics, health, mortality
- Part of our direct datasets at act

**IPUMS**

NHIS MEPS  
NATIONAL HEALTH INTERVIEW SURVEY

HOME | SELECT DATA | MY DATA | SUPPORT

DATA CART  
YOUR DATA EXTRACT  
0 VARIABLES  
0 SAMPLES

SELECT SAMPLES | SELECT VARIABLES | CHANGE DATA STRUCTURE | DISPLAY OPTIONS | HELP

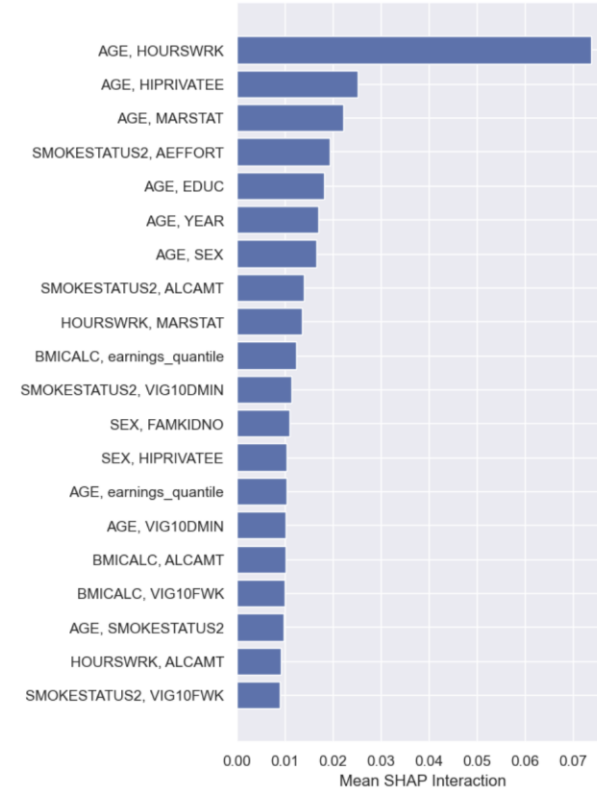
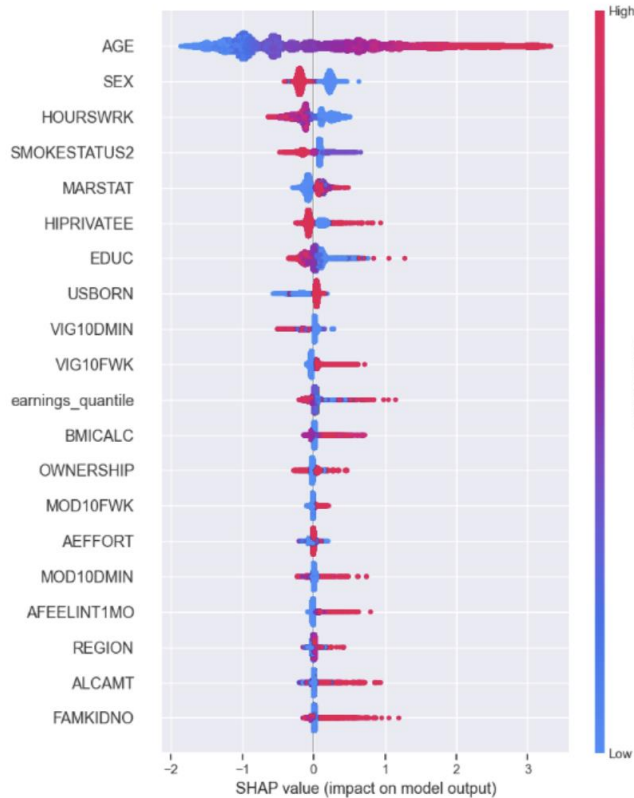
Dear Daniel,

As you may already be aware, on Friday, January 31, federal agencies removed public data and documentation previously made available via public-facing federal government websites in response to administration directives. The types of data removed include large-scale population data sources that provide vital insight into the health and wellbeing of all communities.

**We are writing to reassure you that IPUMS data remain available, and that IPUMS remains committed to preserving and democratizing access to the world's population data.**

Variable	Description	Value
COHABEMAR	Cohabiting person ever married	P
MARRIEDE	Ever been married	P X X X X X
SPOUSESEX	Sex of sample adult's spouse	P X X X X X
SPOUSAGE	Age of sample adult's spouse	P X X X X X
PRTRNSEX	Sex of sample adult's unmarried partner	P X X X X X
PRTRNAGE	Age of sample adult's unmarried partner	P X X X X X
BIRTHMO	Month of birth	P . . . . . X X X X X X X X X X X X X X

# SHAP values



# Models

Model	Parameterization	Comments	Perform.	Speed
Base $q_x$	$h(t   x) = q_x$	Only considering age $x$ and sex	☆☆☆☆☆	★★★★★

# Models

## Light GBM

Model	Parameterization	Comments	Perform.	Speed
Base $q_x$	$h(t   \mathbf{x}) = q_x$	Only considering age $x$ and sex	☆☆☆☆☆	★★★★★
LGBM	$S(t_1   \mathbf{x}) - S(t_2   \mathbf{x}) = f^{(m)}(\mathbf{x})$	Only for interval prediction in $[t_1, t_2]$	★★★★☆	★★★★★

# Models

## Cox regression

Model	Parameterization	Comments	Perform.	Speed
Base $q_x$	$h(t   \mathbf{x}) = q_x$	Only considering age $x$ and sex	☆☆☆☆☆	★★★★★
LGBM	$S(t_1   \mathbf{x}) - S(t_2   \mathbf{x}) = f^{(m)}(\mathbf{x})$	Only for interval prediction in $[t_1, t_2]$	★★★★☆	★★★★★
Cox	$h(t   \mathbf{x}) = h_0(t) \exp(\beta^T \mathbf{x})$	Proportional hazards, de facto standard	★★☆☆☆	★★★★★

# Models

## Accelerated failure time

Model	Parameterization	Comments	Perform.	Speed
Base $q_x$	$h(t   \mathbf{x}) = q_x$	Only considering age $x$ and sex	☆☆☆☆☆	★★★★★
LGBM	$S(t_1   \mathbf{x}) - S(t_2   \mathbf{x}) = f^{(m)}(\mathbf{x})$	Only for interval prediction in $[t_1, t_2)$	★★★★☆	★★★★★
Cox	$h(t   \mathbf{x}) = h_0(t) \exp(\beta^T \mathbf{x})$	Proportional hazards, de facto standard	★★☆☆☆	★★★★★
AFT	$T = \exp(\varepsilon) \exp(\beta^T \mathbf{x})$	Incl. Weibull (AFT and PH), scales $T$	★★☆☆☆	★★★★★

# Models

Model	Parameterization	Comments	Perform.	Speed
Base $q_x$	$h(t   \mathbf{x}) = q_x$	Only considering age $x$ and sex	☆☆☆☆☆	★★★★★
LGBM	$S(t_1   \mathbf{x}) - S(t_2   \mathbf{x}) = f^{(m)}(\mathbf{x})$	Only for interval prediction in $[t_1, t_2)$	★★★★☆	★★★★★
Cox	$h(t   \mathbf{x}) = h_0(t) \exp(\beta^T \mathbf{x})$	Proportional hazards, de facto standard	★★☆☆☆	★★★★★
AFT	$T = \exp(\varepsilon) \exp(\beta^T \mathbf{x})$	Incl. Weibull (AFT and PH), scales $T$	★★☆☆☆	★★★★★
ST	$S(t   \mathbf{x}) = S_{\ell(\mathbf{x})}(t)$	Kaplan–Meier curves at tree leaves $\ell$	★☆☆☆☆	★★☆☆☆

## Survival trees

# Models

## Random survival forests

Model	Parameterization	Comments	Perform.	Speed
Base $q_x$	$h(t   \mathbf{x}) = q_x$	Only considering age $x$ and sex	☆☆☆☆☆	★★★★★
LGBM	$S(t_1   \mathbf{x}) - S(t_2   \mathbf{x}) = f^{(m)}(\mathbf{x})$	Only for interval prediction in $[t_1, t_2)$	★★★★☆	★★★★★
Cox	$h(t   \mathbf{x}) = h_0(t) \exp(\beta^\top \mathbf{x})$	Proportional hazards, de facto standard	★★☆☆☆	★★★★★
AFT	$T = \exp(\varepsilon) \exp(\beta^\top \mathbf{x})$	Incl. Weibull (AFT and PH), scales $T$	★★☆☆☆	★★★★★
ST	$S(t   \mathbf{x}) = S_{\ell(\mathbf{x})}(t)$	Kaplan–Meier curves at tree leaves $\ell$	★☆☆☆☆	★★☆☆☆
RSF	$S(t   \mathbf{x}) := \frac{1}{B} \sum_{b=1}^B S_{\ell^{(b)}(\mathbf{x})}(t)$	Ensemble of trees, smooth predictions	★★★☆☆	★★☆☆☆

# Models

## Gradient boosted survival trees (scikit)

Model	Parameterization	Comments	Perform.	Speed
Base $q_x$	$h(t   \mathbf{x}) = q_x$	Only considering age $x$ and sex	☆☆☆☆☆	★★★★★
LGBM	$S(t_1   \mathbf{x}) - S(t_2   \mathbf{x}) = f^{(m)}(\mathbf{x})$	Only for interval prediction in $[t_1, t_2)$	★★★★☆	★★★★★
Cox	$h(t   \mathbf{x}) = h_0(t) \exp(\beta^\top \mathbf{x})$	Proportional hazards, de facto standard	★★☆☆☆	★★★★★
AFT	$T = \exp(\varepsilon) \exp(\beta^\top \mathbf{x})$	Incl. Weibull (AFT and PH), scales $T$	★★☆☆☆	★★★★★
ST	$S(t   \mathbf{x}) = S_{\ell(\mathbf{x})}(t)$	Kaplan–Meier curves at tree leaves $\ell$	★☆☆☆☆	★★☆☆☆
RSF	$S(t   \mathbf{x}) := \frac{1}{B} \sum_{b=1}^B S_{\ell(b)(\mathbf{x})}(t)$	Ensemble of trees, smooth predictions	★★★☆☆	★★☆☆☆
GBST	$h(t   \mathbf{x}) = h_0(t) \exp(f^{(m)}(\mathbf{x}))$	Refining trees series $f^{(0)}, f^{(1)}, \dots, f^{(m)}$	★★☆☆☆	★☆☆☆☆

# Models

## Gradient boosted survival trees (XGB)

Model	Parameterization	Comments	Perform.	Speed
Base $q_x$	$h(t   \mathbf{x}) = q_x$	Only considering age $x$ and sex	☆☆☆☆☆	★★★★★
LGBM	$S(t_1   \mathbf{x}) - S(t_2   \mathbf{x}) = f^{(m)}(\mathbf{x})$	Only for interval prediction in $[t_1, t_2)$	★★★★☆	★★★★★
Cox	$h(t   \mathbf{x}) = h_0(t) \exp(\beta^\top \mathbf{x})$	Proportional hazards, de facto standard	★★☆☆☆	★★★★★
AFT	$T = \exp(\varepsilon) \exp(\beta^\top \mathbf{x})$	Incl. Weibull (AFT and PH), scales $T$	★★☆☆☆	★★★★★
ST	$S(t   \mathbf{x}) = S_{\ell(\mathbf{x})}(t)$	Kaplan–Meier curves at tree leaves $\ell$	★☆☆☆☆	★★☆☆☆
RSF	$S(t   \mathbf{x}) := \frac{1}{B} \sum_{b=1}^B S_{\ell^{(b)}(\mathbf{x})}(t)$	Ensemble of trees, smooth predictions	★★★☆☆	★★☆☆☆
GBST	$h(t   \mathbf{x}) = h_0(t) \exp(f^{(m)}(\mathbf{x}))$	Refining trees series $f^{(0)}, f^{(1)}, \dots, f^{(m)}$	★★★☆☆	★☆☆☆☆
XGB	$h(t   \mathbf{x}) = h_0(t) \exp(f^{(m)}(\mathbf{x}))$	Refining trees series $f^{(0)}, f^{(1)}, \dots, f^{(m)}$	★★★★☆	★★★★★

# Models

Model	Parameterization	Comments	Perform.	Speed
Base $q_x$	$h(t   \mathbf{x}) = q_x$	Only considering age $x$ and sex	☆☆☆☆☆	★★★★★
LGBM	$S(t_1   \mathbf{x}) - S(t_2   \mathbf{x}) = f^{(m)}(\mathbf{x})$	Only for interval prediction in $[t_1, t_2)$	★★★★☆	★★★★★
Cox	$h(t   \mathbf{x}) = h_0(t) \exp(\beta^\top \mathbf{x})$	Proportional hazards, de facto standard	★★☆☆☆	★★★★★
AFT	$T = \exp(\varepsilon) \exp(\beta^\top \mathbf{x})$	Incl. Weibull (AFT and PH), scales $T$	★★☆☆☆	★★★★★
ST	$S(t   \mathbf{x}) = S_{\ell(\mathbf{x})}(t)$	Kaplan–Meier curves at tree leaves $\ell$	☆☆☆☆☆	★★☆☆☆
RSF	$S(t   \mathbf{x}) := \frac{1}{B} \sum_{b=1}^B S_{\ell^{(b)}(\mathbf{x})}(t)$	Ensemble of trees, smooth predictions	★★★☆☆	★★☆☆☆
GBST	$h(t   \mathbf{x}) = h_0(t) \exp(f^{(m)}(\mathbf{x}))$	Refining trees series $f^{(0)}, f^{(1)}, \dots, f^{(m)}$	★★☆☆☆	★☆☆☆☆
XGB	$h(t   \mathbf{x}) = h_0(t) \exp(f^{(m)}(\mathbf{x}))$	Refining trees series $f^{(0)}, f^{(1)}, \dots, f^{(m)}$	★★★★☆	★★★★★
DeepSurv	$h(t   \mathbf{x}) = h_0(t) \exp(z_\theta(\mathbf{x}))$	Replacing $f^{(m)}$ by a neural network $z_\theta$	★★★★☆	★★★★☆

## Deep survival

# Models

Model	Parameterization	Comments	Perform.	Speed
Base $q_x$	$h(t   \mathbf{x}) = q_x$	Only considering age $x$ and sex	★☆☆☆☆	★★★★★
LGBM	$S(t_1   \mathbf{x}) - S(t_2   \mathbf{x}) = f^{(m)}(\mathbf{x})$	Only for interval prediction in $[t_1, t_2)$	★★★★☆	★★★★★
Cox	$h(t   \mathbf{x}) = h_0(t) \exp(\beta^\top \mathbf{x})$	Proportional hazards, de facto standard	★★☆☆☆	★★★★★
AFT	$T = \exp(\varepsilon) \exp(\beta^\top \mathbf{x})$	Incl. Weibull (AFT and PH), scales $T$	★★☆☆☆	★★★★★
ST	$S(t   \mathbf{x}) = S_{\ell(\mathbf{x})}(t)$	Kaplan–Meier curves at tree leaves $\ell$	★☆☆☆☆	★★☆☆☆
RSF	$S(t   \mathbf{x}) := \frac{1}{B} \sum_{b=1}^B S_{\ell^{(b)}(\mathbf{x})}(t)$	Ensemble of trees, smooth predictions	★★★☆☆	★★☆☆☆
GBST	$h(t   \mathbf{x}) = h_0(t) \exp(f^{(m)}(\mathbf{x}))$	Refining trees series $f^{(0)}, f^{(1)}, \dots, f^{(m)}$	★★☆☆☆	★☆☆☆☆
XGB	$h(t   \mathbf{x}) = h_0(t) \exp(f^{(m)}(\mathbf{x}))$	Refining trees series $f^{(0)}, f^{(1)}, \dots, f^{(m)}$	★★★★☆	★★★★★
DeepSurv	$h(t   \mathbf{x}) = h_0(t) \exp(z_\theta(\mathbf{x}))$	Replacing $f^{(m)}$ by a neural network $z_\theta$	★★★★☆	★★★★☆
DeepHit	Time-discretized $f(t   \mathbf{x})$	Neural network, allows competing risks	★★★★★	★★★★☆

## DeepHit

# Models

Model	Parameterization	Comments	Perform.	Speed
Base $q_x$	$h(t   \mathbf{x}) = q_x$	Only considering age $x$ and sex	☆☆☆☆☆	★★★★★
LGBM	$S(t_1   \mathbf{x}) - S(t_2   \mathbf{x}) = f^{(m)}(\mathbf{x})$	Only for interval prediction in $[t_1, t_2)$	★★★★☆	★★★★★
Cox	$h(t   \mathbf{x}) = h_0(t) \exp(\beta^\top \mathbf{x})$	Proportional hazards, de facto standard	★★☆☆☆	★★★★★
AFT	$T = \exp(\varepsilon) \exp(\beta^\top \mathbf{x})$	Incl. Weibull (AFT and PH), scales $T$	★★☆☆☆	★★★★★
ST	$S(t   \mathbf{x}) = S_{\ell(\mathbf{x})}(t)$	Kaplan–Meier curves at tree leaves $\ell$	☆☆☆☆☆	★★☆☆☆
RSF	$S(t   \mathbf{x}) := \frac{1}{B} \sum_{b=1}^B S_{\ell^{(b)}(\mathbf{x})}(t)$	Ensemble of trees, smooth predictions	★★★☆☆	★★☆☆☆
GBST	$h(t   \mathbf{x}) = h_0(t) \exp(f^{(m)}(\mathbf{x}))$	Refining trees series $f^{(0)}, f^{(1)}, \dots, f^{(m)}$	★★☆☆☆	★☆☆☆☆
XGB	$h(t   \mathbf{x}) = h_0(t) \exp(f^{(m)}(\mathbf{x}))$	Refining trees series $f^{(0)}, f^{(1)}, \dots, f^{(m)}$	★★★★☆	★★★★★
DeepSurv	$h(t   \mathbf{x}) = h_0(t) \exp(z_\theta(\mathbf{x}))$	Replacing $f^{(m)}$ by a neural network $z_\theta$	★★★★☆	★★★★☆
DeepHit	Time-discretized $f(t   \mathbf{x})$	Neural network, allows competing risks	★★★★★	★★★☆☆
DSM	Mixture of, e.g., Weibull	Neural network, allows competing risks	★★★★☆	★★★☆☆

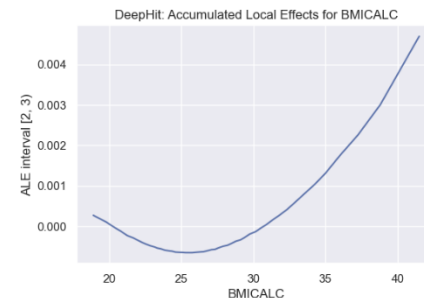
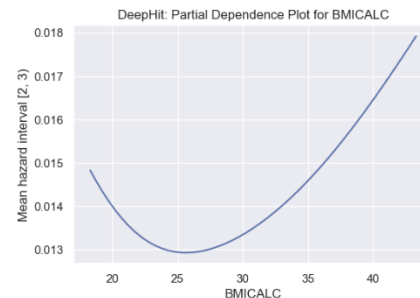
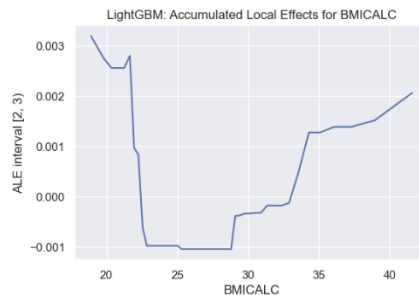
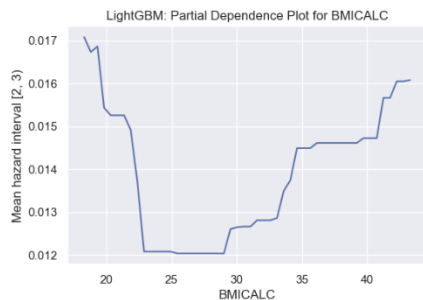
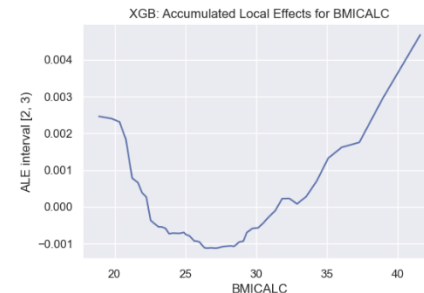
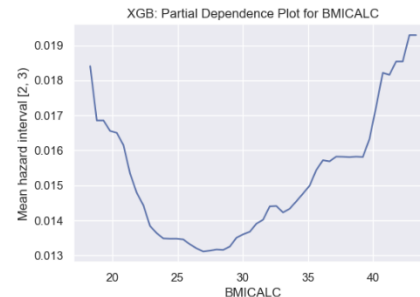
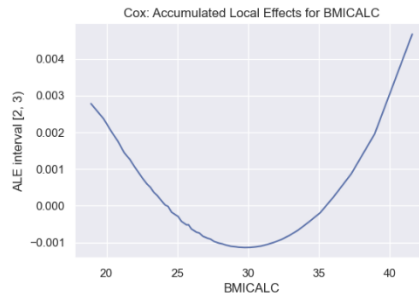
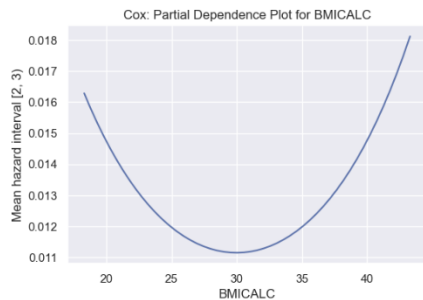
## Deep survival machines

# Models

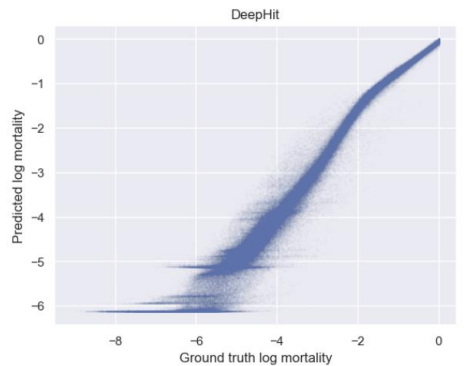
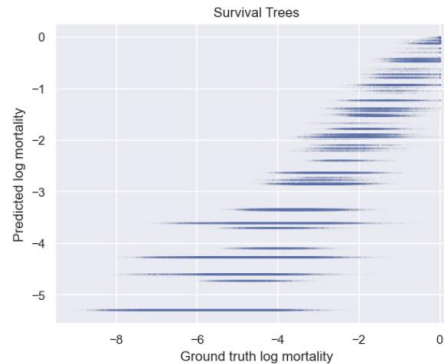
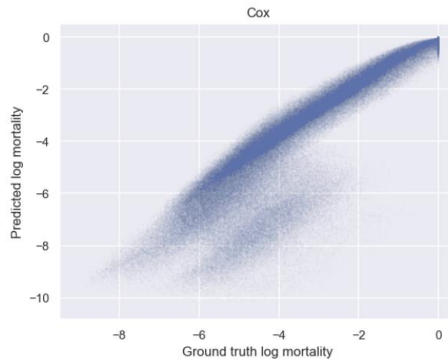
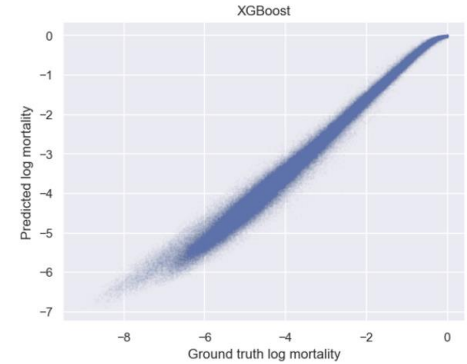
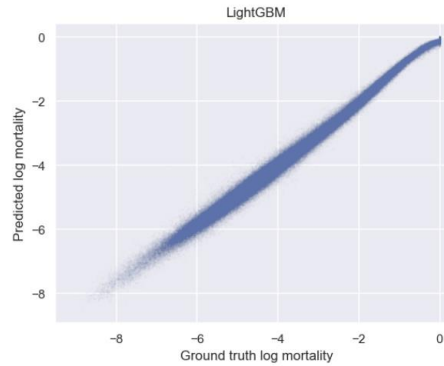
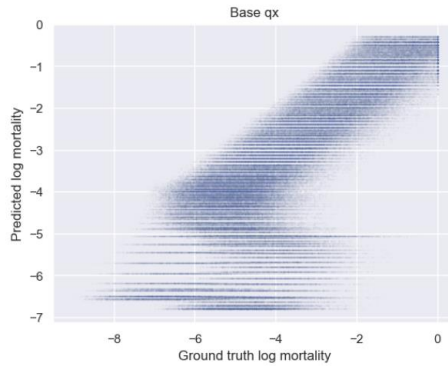
Model	Parameterization	Comments	Perform.	Speed
Base $q_x$	$h(t   \mathbf{x}) = q_x$	Only considering age $x$ and sex	☆☆☆☆☆	★★★★★
LGBM	$S(t_1   \mathbf{x}) - S(t_2   \mathbf{x}) = f^{(m)}(\mathbf{x})$	Only for interval prediction in $[t_1, t_2)$	★★★★☆	★★★★★
Cox	$h(t   \mathbf{x}) = h_0(t) \exp(\beta^\top \mathbf{x})$	Proportional hazards, de facto standard	☆☆☆☆☆	★★★★★
AFT	$T = \exp(\varepsilon) \exp(\beta^\top \mathbf{x})$	Incl. Weibull (AFT and PH), scales $T$	☆☆☆☆☆	★★★★★
ST	$S(t   \mathbf{x}) = S_{\ell(\mathbf{x})}(t)$	Kaplan–Meier curves at tree leaves $\ell$	☆☆☆☆☆	★★☆☆☆
RSF	$S(t   \mathbf{x}) := \frac{1}{B} \sum_{b=1}^B S_{\ell(b)(\mathbf{x})}(t)$	Ensemble of trees, smooth predictions	★★★★☆	★★☆☆☆
GBST	$h(t   \mathbf{x}) = h_0(t) \exp(f^{(m)}(\mathbf{x}))$	Refining trees series $f^{(0)}, f^{(1)}, \dots, f^{(m)}$	☆☆☆☆☆	★☆☆☆☆
XGB	$h(t   \mathbf{x}) = h_0(t) \exp(f^{(m)}(\mathbf{x}))$	Refining trees series $f^{(0)}, f^{(1)}, \dots, f^{(m)}$	★★★★☆	★★★★★
DeepSurv	$h(t   \mathbf{x}) = h_0(t) \exp(z_\theta(\mathbf{x}))$	Replacing $f^{(m)}$ by a neural network $z_\theta$	★★★★☆	★★★★☆
DeepHit	Time-discretized $f(t   \mathbf{x})$	Neural network, allows competing risks	★★★★★	★★★☆☆
DSM	Mixture of, e.g., Weibull	Neural network, allows competing risks	★★★★☆	★★★☆☆
TSM	Time-discretized $f(t   \mathbf{x})$	Neural network, use of covariates' history	★★★★☆	★★★☆☆

**Transformer-based survival models**

# Partial dependence plots + accumulated local effects



# Ground truth vs. predictions on a synthetic dataset



# Strong clinical trials, long-term effectiveness pending

	<b>Semaglutide</b> (Ozempic/ Wegovy)	<b>Tirzepatide</b> (Mounjaro/ Zepbound)
In the head-to-head study over 72 weeks:		
Weight lost (kg)	↓ 15.0	22.8
Weight loss (%)	↓ 13.7	20.2
Waist circumference (cm)	↓ 13.0	18.4
BMI points	↓ 5.3	8.0

Additional improvements in blood pressure, HbA1c and cholesterol markers were seen in both drugs but superior for tirzepatide.

 Tirzepatide beat semaglutide in every category

 Between 39% (semaglutide) and 18% (tirzepatide) participants lost <10% weight

Clinical trial results do not directly translate into real-world results. Longer-term considerations include drug adherence and sustained weight loss.

# Started as niche diabetes treatment, became big business



*Heavy guy, light appetite: this gila monster eats a few times a year, slowly digesting his food thanks to his naturally long-lasting GLP-1 hormone*

## Future trends in drug development



**More targets:** semaglutide: 1 target. Tirzepatide: 2 targets. New drugs: 2-3+ targets and/or combinations





**Different doses:** today the standard is weekly injections. Trials are for fortnightly or monthly injections








**Fast weight loss:** companies are targeting headline large losses of weight over as little time as possible

### CURRENTLY USED

Previous generation medications	<b>Ozempic/Wegovy</b> Semaglutide (2021)  <b>Format:</b> once-weekly injectable	<b>Zepbound/Mounjaro</b> Tirzepatide (2023)  <b>Format:</b> once-weekly injectable
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### IN DEVELOPMENT

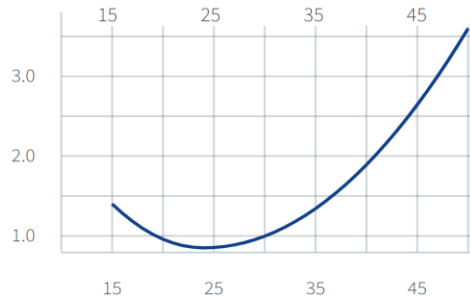
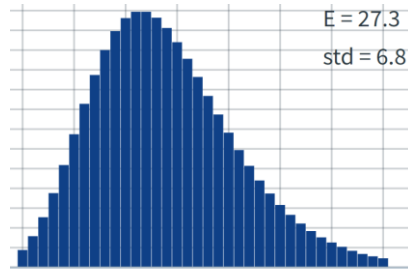
<b>Rybelsus</b>  <b>Year:</b> 2025 – approved for diabetes, pending approval for weight loss <b>Format:</b> daily oral tablet	<b>Orforglipron</b>  <b>Year:</b> 2025 – phase 3 clinical trial <b>Format:</b> daily oral tablet	Others - multitude of developers trialing different receptors, dosages, regimes and delivery mechanisms
<b>MariTide</b>  <b>Year:</b> 2024 – phase 2 clinical trial <b>Format:</b> monthly injectable	<b>AZD5004</b>  <b>Year:</b> 2024 – phase 1 clinical trial <b>Format:</b> daily oral tablet	<b>CT-996</b>  <b>Year:</b> 2025 – phase 1 clinical trial <b>Format:</b> daily oral tablet

**How they work:** slow gastric emptying, feeling of satiety, reduce calories

# Metabolic health model

## Data inputs

BMI distribution and relative mortality risk by age, SES, country



## Analysis process



Expert elicitation on  
BMI & GLP-1



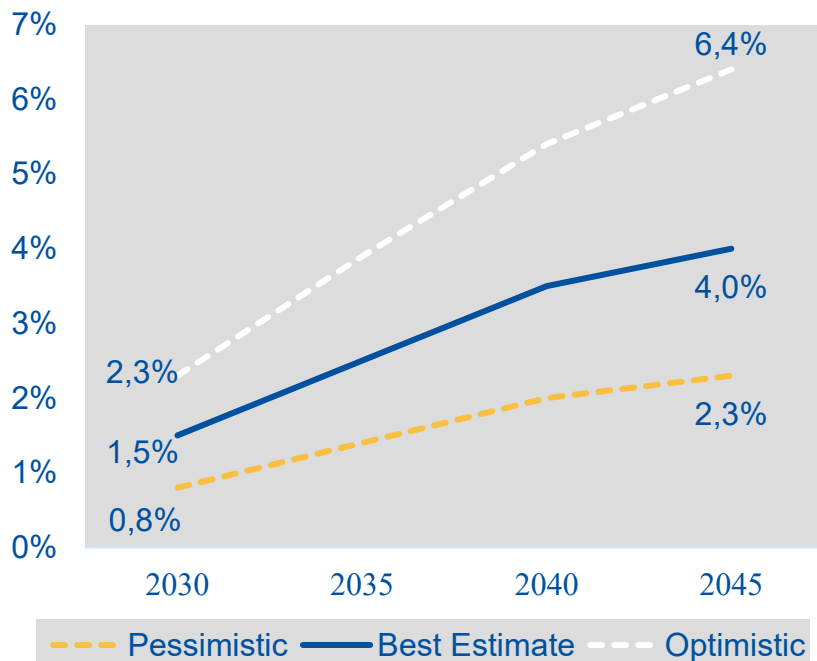
Literature review on  
all factors

## Modelling output

- **Population:** general and insured
- **Countries:** US, China, UK
- **Timeframe:** 2025 – 2045
- **Scenarios:**
  1. Best estimate
  2. Optimistic
  3. Pessimistic
- **Methodology:** simulates 100k individuals with a given age, SES, BMI, SBP, etc.
- **Output:** aggregates total relative mortality risk distributions

# Mortality reductions in US general population

## US general population projection



## Rationale



**Broad starting health:** US general population has a wide range of health statuses



**Lifestyle changes:** behavioural adaptations support medium- and long-term mortality benefits



**Age:** middle-aged population is expected to see the largest mortality benefits



**Greatest opportunity:** widespread metabolic health changes would see substantial public health improvements

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**Vielen Dank  
für Ihre  
Aufmerksamkeit.**

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[daniel\\_meier@swissre.com](mailto:daniel_meier@swissre.com)

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